

Next Desert Whispers DEADLINE THURSDAY FEB. 8TH at 2:00 p.m.

DESERT WHISPERS

The intent of DESERT WHISPERS is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the North Lake Park & Recreation District Board members, staff, personnel or advertisers. The North Lake Park & Recreation District is not responsible for errors in articles and/or ads submitted to be published without change. The North Lake Park & Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

DESERT WHISPERS welcomes letters to the Editor. Letters should be printed or written clearly. Each letter **must be signed**. DESERT WHISPERS reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. DESERT WHISPERS reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

The Editor



Freedom of the press gives North Lake Park and Recreation exclusive control over what we choose to publish in Desert Whispers, including <u>the</u> <u>right to refuse to print anything for</u> <u>any reason.</u>



Renting the Christmas Valley Community Hall

Park and Rec

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52° (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call for availability: 541-576-2216.₂₅

DESERT WHISPERS is a twice-monthly publication of NORTH LAKE PARK & RECREATION

57334 Christmas Tree Rd. / P.O. Box 181 Christmas Valley, Oregon 97641

> 541-576-2216[PHONE] 541-576-2272[FAX]

office@northlakeparkandrec.org

F North Lake Park and Recreation

Park & Rec Board Members

Shara Shumway	541-480-6461
Ron Wilson	503-250-3134
Glenna Wade	541-576-2216
Barbara Ferrando	541-576-2140
Jack Mason	707-845-3372

North Lake Park & Rec Office Open: Tuesday - Thursday • 10 am - 2 pm

IMPORTANT NUMBERS

INFORMATION NUMBERS

Air Link (Emergency Dispatch)
Air Link (Business Office)
A.A. (Central Oregon)
C.V. Fire Dept 541-576-2212
or541-480-3979
Emergencies
C.V. Post Office 541-576-2657
C.V. Water Supply 541-576-2090
Lake Co. Sheriff CV. 541-576-2781
Lake Co. Sheriff-Lakeview
State Police (Lakeview)
Midstate Electric 800-752-5935
NLC, EMS Business #541-576-2759
NL Health District 541-576-2165
NL Public Health 541-576-2115
New Beginnings (24hrs)
or1-800-850-4838
St. Charles Hospital. 541-382-4321
Women's Crisis Center.

LANDFILL SCHEDULE

Christmas Valley (on Rainbow Road): Thursday - Saturday, 8:30 am - 4:30 pm Fort Rock (1.5 miles west of town): Sunday 9:00 am - 12:00 pm Paisley: Saturday 8:30 pm - 4:30 pm, Wednesday 12:00 pm - 4:30 pm Silver Lake: Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter, Thanksgiving & Christmas. Bring washers, dryers, stoves, etc., to the Christmas Valley Landfill ONLY for the North end. 541-417-1255

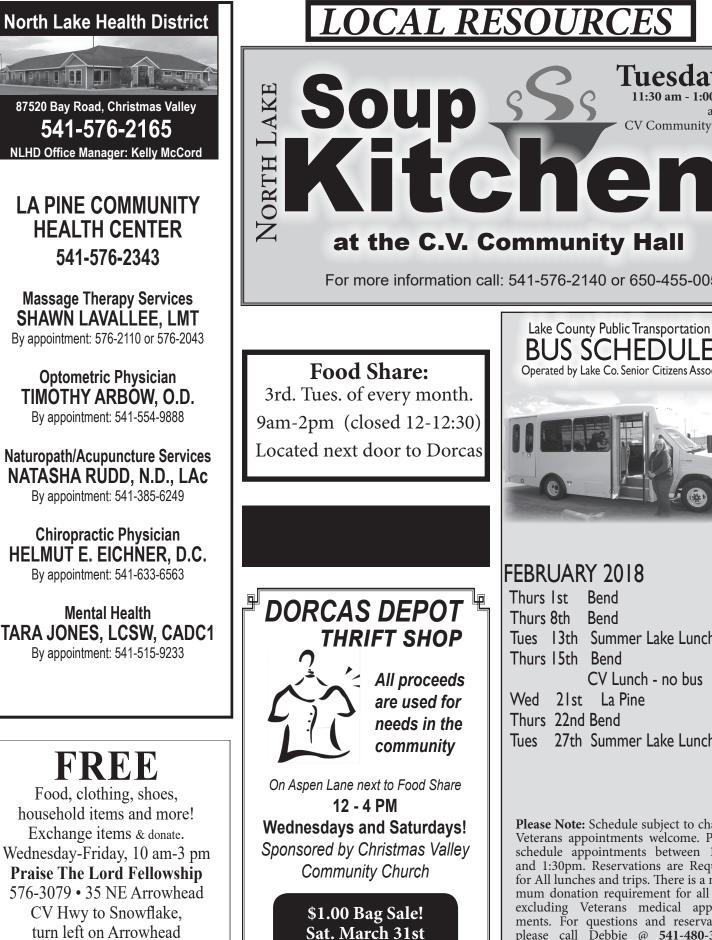
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Tuesdays

11:30 am - 1:00 pm

CV Community Hall

at the



at the C.V. Community Hall For more information call: 541-576-2140 or 650-455-0052. Lake County Public Transportation **BUS SCHEDULE** Operated by Lake Co. Senior Citizens Assoc.

FEBRUARY 2018

Thurs 1st Bend Thurs 8th Bend Tues 13th Summer Lake Lunch Thurs 15th Bend CV Lunch - no bus Wed 21st La Pine Thurs 22nd Bend Tues 27th Summer Lake Lunch

Please Note: Schedule subject to change. Veterans appointments welcome. Please schedule appointments between 10am and 1:30pm. Reservations are Required for All lunches and trips. There is a minimum donation requirement for all trips excluding Veterans medical appoint-ments. For questions and reservations please call Debbie @ 541-480-3600. Thank you for your patience while changes are being made.

Volume: 38 Issue: 03

(come to NE corner)

February 01, 2018



Help Fill a Local Need: Volunteer Your Time

Submitted

Find something in your community that suits you. This community primarily functions through volunteers. We have many new community members and this community can benefit from a little bit of your time. The many new community members tax the already over stretched, long standing volunteers that oil the works of the under

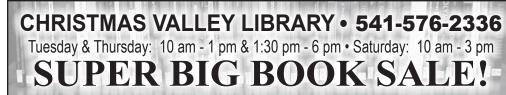
supported needs of the north end communities.

If you have questions of how you can help feel free to contact me, Glenna Wade, via Facebook [glennasonly] and I can help you find an activity that suits you.₂₅



Are we having some crazy weather or what? The garden in front of the library was yummy with plans for different veggies next year. The Friends will be at the Bazaar with some great books and stuff. Stop by. Say, "Hi!" And maybe you can find a thing or two that has got to go home with you! Things at the library are going great with some changes afoot, so stay tuned!

Signing off... - MM



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February 01, 2018

ZAVARA'S MACHINE QUILTING Affordable Long Arm Quilting

Vickie Gibbs 57760 Old Lake Road Christmas Valley, OR 97641 ph: 541-576-2096



There will be a Friends of the Library meeting on Feb. 7th, at 1:00 at the CV Library.

Did you get that perfect photo that you would just love to share?

send it in to me at Desertwhispers@yahoo.com. I will help you share it. Willows-West Knitting & Flowers & More 86426 Christmas Valley Hwy Christmas Valley, OR 97641 541-576-2117 10 am to 5 pm - Tues thru Sat both stores TWINDOWS Antiques & Vintage & Gifts Ratiques & Vintage & Gifts 87531 Christmas Valley Hwy | Christmas Valley, OR 97641 | 541-576-2199



541-576-3531 or 541-410-6658

Ann Wishes you a Happy Valentines Day!!!

ASSPORTTOTHE PAST -written by Norma Messner in 1981 *-copied with permission from Becky Womack (her daughter)* Continued from Jan. 15, 2018 issue The town of Silver Lake in the early 1900's had quite a number of businesses. Most of these were on Center street or streets running into it. Hotels: Chrisman, owned by F.M. Chrisman. Located on Center This burned in 1937. Huff, located on Main and 3rd streets. This burned in 1937. Huff, located on Main and 2nd streets. Burned in 1907. Louis, built on the same location as the Huff. This was torn down in the early 1940's. Blue Goose, located on Main street north, between 1st and 2nd This burned before 1917. streets. Bee Hive Apartment House, owned by F.M. Chrisman, located on the west corner of Main and 1st streets. Torn down in the early 1930's. Manning Rooming House, located on Center street west of Chrisman's store. Formerly the Creed Conn Store. This burned about 1920. Grocery Stores: Chrisman's, owned by F.M. Chrisman, located on Center and 2nd streets. This was later owned by Leston Linebaugh and Harold Groth. This burned in 1928. Andrews Grocery, owned by Oscar and Stella Andrews, located on Main street between 4th and 5th streets. Later operated by Della Alsdorf, open one day and burned. The year 1940. J.S. Martin & Son, located on the SE corner of Center and 2nd streets, formerly owned by Sam Lester and Jim Silvertooth. This grocery store in conjunction with a drug store was established in 1906 and continued in business until 1936. The building is still standing. S.L. Jones & Company, located on Center street between 4th and 5th streets. This burned in the early 1930's. Conn General General Merchandise, owned by Creed Conn until his death in 1904, located on Center and 1st streets. Later became Manning Rooming House. Silver Lake Meat Market, owned by P.D. Reeder, located on the NW corner of Main and 4th streets. The Leader Building, owned by F.M. Chrisman, located on Center street north between 2nd and 3rd streets housed: A newspaper, "The Silver Lake Leader", a real estate office, operated by George Marvin, an attorney's office, operated by T.S. McKinney, post office and barber shop. This burned in 1919. The Creed Conn Building, owned or leased by Bill McCormack, joined the Leader Building on the west and was the telephone office. This also burned in 1919. Harness Shop, located on the NW corner of Center and 4th streets, owned by Jake Gilliam. This later became the Post Office Building, after the Leader Building burned in 1919. The Postmasters in succession were: Charles Waterhouse, L. B. Charles, Harold Groth, and Neva Warner. This was torn down after 1934. Blacksmith Shops: Oscar Parrin's, located on South and 1st streets. Eventually torn down. Tom and Charlie Welch, located on Center street between 3rd and 4th. Torn down. Livery Barns: Stanley Martin's, formerly owned by Warren Duncan, located South and 2nd streets. Burned in 1913. Wallace Livery Stable, located on Main street north. Burned in the early 1900's. continued on page 10



EMPLOYMENT OPPORTUNITY

Male & Female jobs available at the Desert Springs Trout Farm in Summer Lake Inquire at 541-943-3192 Taking apps for 1 month Do you have a story you would like to share?

> email it to desertwhispers@ yahoo.com.

It may be the beginning of something good!!

regular

\$44.99

\$249.99

Weather

station

off

20 VOLT DRIVER

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WHEN YOU MENTION THIS AD

WHEN YOU MENTION THIS AD

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MAY 10TH





February 01, 2018

A Passport to the past (cont.)

Silver Lake Creamery, located on Main street north between 6th and 8th streets. This building still stands. Liquor Store, "The Gallon House", owned by Jack McCarty, located on Center street north between 4th and 5th streets. Torn down. Barber Shop, owned by Earl Adams, later by Fred Adams, located next to the liquor store on Center street. Later it was moved across the street and is still standing. Shoe Shop, owned by a Mr. Marshall, located on Main street next to the Blue Goose Hotel. Odd Fellows Hall, built in 1910 and used as a dance hall. located on 3rd street, 2 blocks south and east of the Chrisman Hotel. Burned in 1945. Pool Halls: The Pastime Hall, located on the west corner of Center and 2nd streets. Built by Bob Dinsmore in 1914. It was later operated by Jefferson Howard, George Emery, Pete Gruber with Clyde Nelson as proprietor when it went out of business in 1933. The Shamrock, operated by Billy Sutherland, located in the Blue Goose Hotel Building. Burned the same time as the hotel. Doctor's Office and Drug Store, owned and operated by Dr. James W. Thom, located on Main street east of the Earl Corum residence. A tiny weather-beaten, false-fronted building. Still standing. Dr. Thom came to Silver Lake in 1904 and practiced here until 1924 when he moved to Bend. A new school house was built in 1909, the same location as the school is now. This had three rooms and a basement. It had eight elementary grades and a high school. The first high school class graduated in 1914. Leston Linebaugh, one of the old-timers, was in the class. Sometime later а school room was made in the basement and a wood burning fur-In two days after school started in the fall

nace installed. In two days after school started in the fall of 1920 it burned down. The school we have now was started in the summer of 1921. It took a long time to build so classes were held in the Church, the Chrisman Hotel and the Harness Shop.

Silver Lake has changed considerably since Center street was considered the business district. The majority of the business establishments are now located on Main street, which is Highway 31, the Bend-Lakeview highway. The town has a new Post Office building, a new Library, three garages, restaurant and bar, a grocery store and motel, two trailer parks and a feed store. It also maintains an ambulance service which is very essential to a spot from 50 to 100 miles to the nearest doctor. Electricity came to the valley in 1955, followed closely by telephone service.

Thank You Becky Womack for sharing this with us.

North Lake Comm. Calendar

FEBRUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
There are	A 11			1	2	3
certainly other events this	All events, dates, times			7am @ CVCHall -Walking/Pickle Ball	10am @ CVCHall	10am @ CVCHall
month in the	and locations			10am @ NLSch	-Flea Market	-Flea Market
North Lake	are subject to			-Mommy & Me		
Area. How- ever, these are	change and/or cancellation.					
the ones we	cuncentation			6pm @ LdgSumL		
are aware of at				-LC Hay & Forage		
press-time.					5pm @ NLHD -AA/NA Mtg.	
4	5	6	7	8	9	10
	7am @ CVCHall -Walking/Pickle Ball		9am @ NLHD -YOGA	7am @ CVCHall -Walking/Pickle Ball	9am @ CVCHall -Weekend Market	9am @ CVCHall -Weekend Market
	Ŭ		9:30am @ Hank's House	12noon @ SLFire		
	10am @ NLHD -NLHD Board Mtg.		-Sewing Group	-FtRk/SL SWCD Bd. Mtg		
		11:30am @ CVCHall -Soup Kitchen	1pm @ CVLib -FOL Mtg.	5:30pm @ CVCHall -BINGO		
	6:30pm @ CVCC -Celebrate Recovery	5:30pm @ NLHD	7pm @ CVCHall	birde		
		-YOGA	-AA/NA Mtg.	7pm @ EMS Bldg. -EMS Board Mtg		
11	12	13	14	15	16	17
	7am @ CVCHall -Walking/Pickle Ball	9am @ PnR Office	9am @ NLHD	7am @ CVCHall -Walking/Pickle Ball		
	5:30pm @ NLSch Lib	-PnR Board Mtg	-YOGA	- waiking/ Fickle Dali		1:30pm @ CVLibrary -Exhibit on Jap. Intern.
	-NL School Bd. Mtg.	11:30am @ CVCHall	1pm @ CVCHall	10am @ NLSch -Mommy & Me		
	6pm @ Boosters Bldg -Boosters Mtg.	-Soup Kitchen	-CV Water Bd. Mtg			
	6:30pm @ CVCC -Celebrate Recovery		6:30pm @ FtRk Grange -FtRk Grange Mtg			
	7pm @ SL Fire Hall -SL Fire Dist. Mtg.	5:30pm @ NLHD -YOGA	7pm @ CVCHall -AA/NA Mtg.			
18	19	20	21	22	23	24
	7am @ CVCHall	20	9-11AM@ CVCHall	7am @ CVCHall	9am @ CVCHall	9am @ CVCHall
	-Walking/Pickle Ball	11:30am @ CVCHall	lC. Rabies Clinic	-Walking/Pickle Ball	-Weekend Market	-Weekend Market
		-Soup Kitchen	9am @ NLHD -YOGA			
	6:30pm @ CVCC	5:30pm @ NLHD -YOGA	9:30am @ Hank's House	5:30pm @ CVCHall		
	-Celebrate Recovery		-Sewing Group	-BINGO		
	7pm @ CVFire -CV Fire Brd. Mtg		7pm @ CVCHall -AA/NA Mtg.			
25	26	27	28			Illey Community Church
	7am @ CVCHall	11:30am @ CVCHall			CVFire: Christmas Va	alley Community Hall alley Fire Hall
	-Walking/Pickle Ball	-Soup Kitchen			FtRkCC: Fort Rock Co	mmunity Church
					FtRkGH: Fort Rock Gr	ange Hall
	6pm @ Outback Office -Outback Ret. Ctr. Mtg	5:30pm @ NLHD				t Summer Lake lealth Dist. Complex
		-YÔGA			NLSch: North Lake S	chool
	6:30pm @ CVCC -Celebrate Recovery		7pm @ CVCHall -AA/NA Mtg.		PnR: North Lake P SLFire: Silver Lake F	ark & Recreation Office
					WWC: Well in the W	ilderness Church

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PUBLIC NOTICES

NOTICE IS HEREBY given that the Lake County Planning Commission will hold a public hearing Tuesday, February 20, 2018, at 6:00pm, in the Board of Commissioners Meeting Room, 513 Center Street, Lakeview Oregon, to receive public comment and testimony on the following applications. Failure to raise an issue at the hearing or to provide sufficient specificity precludes your ability to appeal the decision. If you have needs requiring special arrangements, please call 541-947-6036 at least 24 hours prior to the meeting.

CONDITIONAL USE PERMIT APPLICATION NO. 18-003-CUP

Public Hearing concerning an application by Robert and Neva Coleman to establish a Non-Farm Dwelling on a 10.00 acre parcel described as: T27S R16E S22 TL4000; approx. 6 miles west of Christmas Valley on Christmas Valley Highway, then south on Oil Dri Road 1.67 miles to an unnamed road, then west 0.12 mile to the northeast corner of the property in an A-2 Agriculture Use Zone. A decision will be based on Articles 3 and 24 of the amended Lake County Zoning Ordinance of 1980.

CONDITIONAL USE PERMIT APPLICATION NO. 18-005-CUP

Public Hearing concerning an application by Marcus Sutfin to establish a Single Family Dwelling on a 1.24 acre parcel described as: T39S R20E S22BA TL13502; between the existing business structures at 1044 and 1060 South E Street in a C-1 Commercial Use Zone. A decision will be based on Articles 9 and 24 of the amended Lake County Zoning Ordinance of 1980.

PARTITION APPLICATION NO. 18-006-PAR

Public Hearing concerning an application by Norma Angele and Dallas Angele to Partition a 106.59 acre parcel into three taxlots: Parcel I to be ±86.14 acres, Parcel II to be ±8.00 acres and Parcel III to be ±12.45 acres, described as T40S R19E S09 TL200 near Westside, Oregon on the southeast corner of Westside Road and Dog Lake Lane, in an A-1 Exclusive Farm Zone. A decision will be based on Articles 2 of the amended Lake County Zoning Ordinance of 1980 and Article 6 of the Lake County Land Development Ordinance.

CONDITIONAL USE PERMIT APPLICATION NO. 18-007-CUP

Public Hearing concerning an application by Norma Angele and Dallas Angele to establish a Non-Farm Dwelling on proposed Parcel III, which if approved would be a ±12.45 acres, described as T40S R19E S09 TL(TBD) near Westside, Oregon on the southeast corner of Westside Road and Dog Lake Lane, in an A-1 Exclusive Farm Zone. A decision will be based on Articles 2 and 24 of the amended Lake County Zoning Ordinance of 1980.

CONDITIONAL USE PERMIT APPLICATION NO. 18-009-CUP

Public Hearing concerning an application by David A & Desiree' R Figg to establish a Non-Farm Dwelling on a 5.00 acre parcel described as: T26S R19E S04 TL9900; approx. 8 miles east of Christmas Valley on Christmas Valley Highway, then north on Fossil Lake Road 8.15 miles, then east 2 miles on Lost Forest Lane, then south 1 mile on Five Acre Road, then east on an unnamed road 0.75 mile to the southwest corner of the property in an A-2 Agriculture Use Zone. A decision will be based on Articles 3 and 24 of the amended Lake County Zoning Ordinance of 1980.

OBITUARIES

Carolyn Silveria Pottorff

1936 ~ 2018

A Truly Colorful Character

Readers throughout Lake County have enjoyed many articles about *Colorful Characters from Paisley's Past* that Carolyn shared from her book of that title.

Carolyn's ties to Paisley and Lake County date back to 1905 when her great grandparents moved to the little town of Paisley from Silver Lake. They purchased a brick two-story house on the corner of Mill and Stratton and until recently Carolyn lived there.

Her grandparents - married 67 years - had two daughters, both were born in that home. The girls were both named after literary characters and of this Carolyn said, "I come from a long line of readers."

Her mother Audra met her husband Joe Silveria at a dance in Benefiel Hall - they were married in 1933 just after Audra graduated high school. Carolyn was born in 1936 and became a third generation student at Paisley School, graduating in 1954. She went on to attend Southern Oregon College in Ashland and Marylhurst College in Portland. Carolyn worked for the Department of Agriculture in Portland until retirement.

Coming home to Paisley, she moved into the family home and in no time she was involved in community activities. She was a member of Volunteers in Paisley and Easy Writers and was very active in Friends of Paisley Cemetery.

Recalling stories her grandmother, Neva McCall told her about Paisley history, she began researching old newspaper articles and then writing biographical sketches of people buried in the Paisley Cemetery.

In 2012 Carolyn was selected as Paisley Pioneer for the annual Mosquito Festival. More recently she helped plan the all-school Paisley school reunion that celebrated the school's 100th anniversary.

Carolyn is survived by her daughter Jo May and two grandsons, Joseph and Robert.

Sue Johnson

Sue Johnson passed away in January, 2018. Ron Johnson is hosting a party at the Lodge to celebrate her life.

This will be held on Feb. 10th, beginning at 3 pm until closing. Fr. Jim will also be attending.

Sue was very involved in this County to include EMT, Public Health Nurse, Water Board, Desert Whispers, Park & Rec Board, EMS Board, and probably many other things.

If you knew her, or know Ron, Please come, as there are stories to be told and we want to hear them all!!

-Jo

YOUR Meighborhood MARKET

CHRISTMAS VALLEY MARKET

87497 Christmas Valley Hwy. - Christmas Valley, OR 97641 • 541-576-2200 Monday - Saturday 6:30 a.m. - 9:00 p.m. and Sunday 7:00 a.m. - 9:00 p.m.



Items and prices subject to stock on hand. We reserve the right to limit sales to retail quantities.



February 01, 2018

RABIES CLINIC

Christmas Valley Boosters Invite you to our next meeting!

SATURDAY, FEBRUARY 24, 2018 9:00 A.M. TO 12:00 P.M. LAKEVIEW ANIMAL HOSPITAL 18644 ROBERTA RD. LAKEVIEW, OREGON CHRISTMAS VALLEY COMMUNITY CENTER FEBRUARY 21, 2018 FROM 9:00 AM. TO 11:00 A.M. 2nd Monday at 6pm at The Booster's Building PAISLEY COMMUNITY CENTER FEBRUARY 21, 2018 FROM 1:00 P.M. TO 3:00 P.M. (On Aspen, behind the Post Office) See you there! *We will be offering a rabies vaccination for \$12.00 with no* exam charge, also other dog and cat vaccinations at a discounted cost. CASH OR CHECKS ONLY. We will not accept debit or credit cards! Questions please call (541) 947-3383 DOG LICENSE LISTEN SENIOR CITIZEN \$5.00 SPAYED/NEUTERED \$10.00 MORE.. NOT SPAYED/NEUTERED \$15.00 (Must have proof of rabies shot in order to get a dog license! PLEASE REMEMBER THAT DOG LICENSE FEES DOUBLE THE 1ST OF MARCH! **TALK LESS!** FOR MORE INFORMATION CALL (541) 947-6006 **GROCERIES & MORE!** THINK 4.7 of 5 stars 4.7★ 11 reviews OUTSIDE Check out our Valentine's Goodies!

) 576-2500

87164 Christmas Valley Hwy

Winter Hours: 7am-8pm

(541

We have Gift Baskets!



THE

BOX



Dr. Natasha S. Rudd, N.D., L.Ac. Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, family health care, flower essence prescribing, general internal medicine, homeopathy, primary health care, personalized nutrition, shiatsu massage, stop smoking treatments, and vitality longevity evaluations.

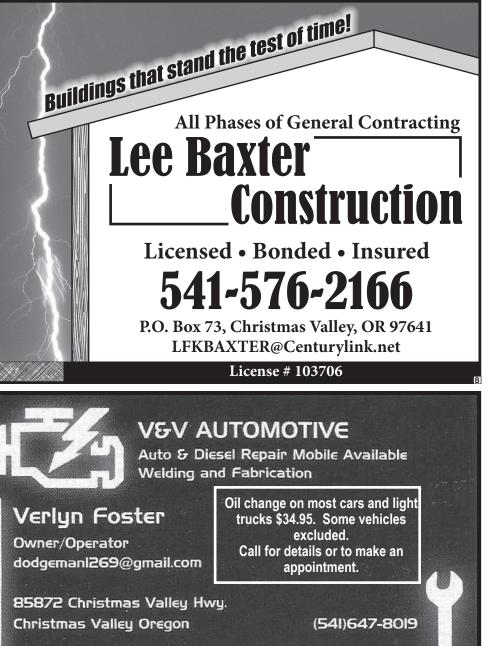
Dr. Rudd is accepting new patients and referrals for patients seeking natural therapies. To schedule an appointment to be seen by Dr. Rudd at the **North Lake Health District's Medical Complex**, please call **541-385-6249**.





Sat. March 31st, 2018

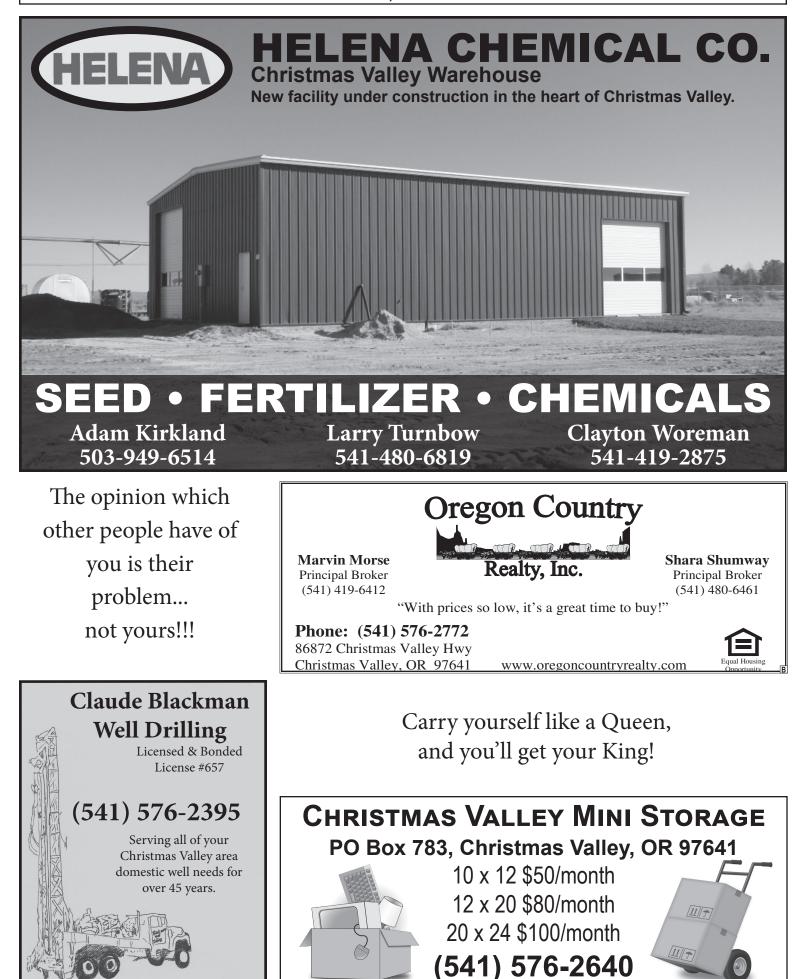
Seventh-Day-Adventist Church at 6:00pm For more information call Sharon 541-306-0384



Happiness blooms in the presence of self-respect and the absence of ego.

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LaPine Community HEALTH CENTER

La Pine Community Health Center is here to serve you & your family at

87520 Bay Road in Christmas Valley. Monday – Friday 8:00 am to 5:00 pm (closed 12:00 pm to 1:00 pm)

For appointments call

541-576-2343

As a Federally Qualified Health Center we provide the following services:

Primary Medical Care:

- unexpected illnesses
- disease management
- annual exams
- well child visits
- minor surgery/biopsies
- immunizations
- developmental screenings

Additional Services:

Referrals to specialists, outreach services for situations other than medical, transportation guidance & assistance, dental voucher program, assistance with medication programs, assistance applying for Medicaid/OHP.

Lab appointments available: 8:00 am to 11:30 am

Bring the order from your doctor/ provider to your lab appointment. Your insurance will be billed. St. Charles Lab will send the results to your provider.

WE ARE GOING THE DISTANCE FOR YOUR HEALTH CARE!



87497 Christmas Valley Hwy • Christmas Valley, OR 97641 • 541-576-2200

- AND -

Silver Lake Market

65504 Hwy 31 • Silver Lake, OR 97638 • 541-576-2401

February 01, 2018

Volume: 38 Issue: 03

Call the Local Guys FIRST! Handde Pump

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- Galvanized, ABS, CPVC fittings & tools
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> MONDAY-FRIDAY 8:00 am - 5:00 pm Phone: 541-576-2032 Fax: 541-576-2702 After Hours: 541-420-3215

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Fort Rock Restaurant & Pub

576-3988 Restaurant Hours: Open at 11 am Daily

- Full Service Bar •
- Home Cooking •
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Dr. Hally will be coming to the Christmas Valley area Feb. 12th & 13th For an appointment, call 541-460-1000

Hally Miles-Moore, DVM

Self Respect is something that can't be killed.

Outback Retirement Center, Inc. Board of Directors meets monthly on the 4th Mon. at 6pm at the Outback Office.

MOTOCROSS

Cruising through the Desert Whispers paper recently, I came upon a half-page ad for the High Desert MX (Motocross). This caught my eye in that we'd soon be greeted by a bunch of off-road motorcycle riders, most dressed in bright protective gear, to put a knobby tire in the amazingly wet, uncharacteristically frost free sand in Christmas Valley in the middle of January. Being a former dirt bike rider myself, this ad stirred a longing in me that injury has continually pushed by the wayside. So, I took the safer route and grabbed my camera and went to spectate on this surprisingly balmy mid January day.

Craig and Lana Evans, the track owners and builders have been having fun pushing around the dirt on their property at 56721 S. Fandango Rd. Craig laid out a nice track with some obstacles (jump)s and berms (corners) for riders to circulate on. He also split the classes up in a safe fashion to keep the kids on their smaller bikes, and the veteran riders on their larger machines separate from each other. It might be to keep the older riders from getting passed by a kid on a minibike and the blow to their sometimes fragile ego that could happen if such an event ever occured. ?

If you are wanting to dust off that old irrigation bike in the barn, give Craig a call at (503) 488-9190. High Desert Mx also has links at highdesertmx@gmail.com and a Facebook page at highdesertmx. If a kid on a minibike happens to invite you to the track, be very wary, as they just might be looking to blow your doors off and roost you with sand as they go flying by.

-Bill Kinney



February 01, 2018

BACK IN THYME

by Linda McCoslin

CYSTIC FIBROSIS (CF):

My granddaughter in Maine was recently diagnosed with CF, she is pregnant with twins, and wanted to know about the disease, and how to deal with it. I have been studying it for her and thought it would be an interesting article since most people know very little about it.

CF is the most common INHERITED illness among Americans of the northern and western European ancestry, most common in Caucasians, being 1 in 2,400 and is equally frequent in men and women. It is caused by a defect in a gene that encodes instructions for a protein that regulates the passage of salt in and out of the cells of the body's exocrine glands. In most people with CF, the genetic instructions omit just one of the proteins 1,480 constituent amino acids – a tiny glitch, but a devastating one that affects many different glands in the body, including the pancreas, sweat glands, and glands of the digestive and respiratory systems.

Generally, CF symptoms begin early in life! Glands in the lungs and bronchial tubes secrete large quantities of thick, stick mucus, that blocks lung passages and traps harmful bacteria, resulting in chronic coughing and wheezing, difficulty breathing, and recurrent lung infections. Thick secretions also often obstruct the release of pancreatic enzymes, resulting in digestive difficulties and malabsorption problems, particularly problems with the metabolism of fats. Malnutrition may result because a lack of necessary digestive enzymes means that nutrients from foods are not properly absorbed. This in turn can cause pain after eating and especially in young children, and failure to gain weight normally.

People with CF also lose excessive amounts of salt through their sweat glands. Sweating may be profuse, and the sweat itself contains abnormally high concentrations of sodium, potassium, and chloride salts. Other signs of CF could include clubbing of fingers and toes, (a result of poor circulation); infertility, greasy, bulky, foul smelling stools; and saltytasting skin. An individual may have one or all of these symptoms. The gene responsible for CF was not identified until 1989, therefore some of us may not even know if we have CF unless we get tested. All human cells (except red blood cells, eggs, and sperm) contain two copies of this gene, one inherited from each parent. CF is abnormal and the other normal, a person is said to be a carrier; he or she will show no signs of CF, but is capable of passing a defective gene on to off springs. A child of two carrier parents has a 1-in-4 chance of being completely free of the mutant gene; or a 1-in-2 chance of being a carrier, like the parents. The test now available is a swab of the cheek cells to examine for the presence of defective genes, but the most widely used test is an electrolyte sweat test, that detects excessive amounts of electrolytes(charged mineral salts) found on the skin of many people with CF.

Some herbs that are good for people with CF are: Rose hips – high in vitamin C, Alfalfa extract – high in vitamin K and necessary minerals, and is a good source of chlorophyll.

Primrose oil for essential fatty acids. There are many other needed supplements but too many to list. Echinacea, Ginger, Goldenseal and Yarrow tea help with inflammation and pain.

> RE: Prescription for Nutritional Healing James A. Balch M.D. PHYLLIS A. BALCH C.N.C.

New Golf Fees for C.V. Golf Course

The N.L. Park & Rec. District Board voted to raise the C.V. Golf Fees to begin at the 2018-2019 Golf Season.

New fees are as follows:

Single Year Pass- \$225 Family Year Pass-\$300

9-holes - \$20 **18-holes** - \$25

Policy: Animals on Park and Rec Properties

North Lake Park and Rec

Nor

North Lake Park and Recreation District has adopted a policy concerning pets/animals on Park and Rec properties. This policy is an attempt to keep our facilities an enjoyable place for all users.

When on North Lake Park and Recreation property (including the Rodeo Grounds, Golf Course, Play Area, etc.) all domestic animals, whether pets, livestock, or other, must be leashed and/or under the direct control and supervision of their owner/handler. Any defecation (poop) from the animal must be cleaned up immediately by the owner/handler. Individuals failing to comply with this policy will be asked to leave Park and Rec property.

Animals freely roaming, with no apparent owner/handler in the area may be treated as strays. The proper authorities will then be contacted.

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A Sincere Thank You

This month the North Lake Health District, (NLHD), would like to honor a woman who blew into town on a whim the notorious winter of 1992, and what a fortunate breeze it was that brought Shawn Lavallee into our midst. Shawn rolled into town in '51 Studebaker bus looking for a place to settle down after traveling the states. She met a man with property for sale 11 miles out of town, purchased it, and planted the roots of a life in Christmas Valley that would blossom in wide and wonderous ways.

The property was perfect! A home, outbuildings and trees; even a garden area. But the storms of that winter were severe and the property needed the work of a plumber which lead to her introduction to Steve Lavallee, who would later become her husband. Shawn's contributions to the residents of Christmas Valley began almost immediately and she's never slowed down. In her 26 years of residency, Shawn's list of community activism and participation is impressive. During the 90's she served as the President & Vice President of Friends of the Library, served as a Booster member, was the Vice President of the Women's and Children's Resources and started a walking club. In 2004 she began volunteering at the North Lake Clinic as the "Girl Friday" one day a week



performing a wide variety of duties to include blood/lab draws, scheduling and reception work. Soon her work evolved into a full-time position and she'd hoped to attend nursing school and become Pat Widenoja's assistant. Finding no openings available for classes Shawn instead opted to go to massage school; completing the one-year program from which she made the Dean's List. By 2007 Shawn was back in full swing and joined the NLHD's team of providers, running her massage business, and for a brief period, returning one day a week at the Health Clinic working much the same duties she'd previously performed. Since her arrival, Shawn has remained

Since her arrival, Shawn has remained an advocate for community health and wellness in mind, body and spirit. She's supported the work of other providers assisting with physical therapy, acupuncture, naturopathic medicine, teaching yoga classes, continuing with massage and has worked diligently over the last few years to coordinate services from the Dental Van.

What's her next project? Shawn's currently promoting the Dolly Parton Imagination Library; a program providing monthly books, free of charge, to families of children 0-5 years of age and has graciously offered her services, supporting North Lake County EMS, as a volunteer ambulance driver. Knowing her "drive" we suspect it won't be long before she's pursuing EMT training!

On behalf of the entire community we offer our thanks and recognition for Shawn's many years supporting wellness in the community. For all the lives you've touched and those you've yet to enhance, we thank you.



Be You.

The world will adjust.

CV BOOSTERS Valentine's Day Flower Sale!

Feb 13 & 14 • 10am - 6pm • at the Booster Building Prices \$5 - \$20

We will also have chocolates, cards & stuffed animals for purchase. While supplies last...



All proceeds help support the children of North Lake County!



This Quilt was made by The High Desert Stitch Rippers for North Lake Co. EMS Proceeds will help to upgrade equipment. Tickets are \$1.00 each or 6 for \$5.00. Drawing will be May 24th at the EMS Building at 6:30 p.m. 500 tickets will be sold. Quilt will be displayed at area businesses.

Thank you for your support!

This photo was submitted to the Desert Whispers by Dan Matney. He referred to this as venticular or lenticular clouds. These are stationary clouds that form in the troposphere, typically in perpendicular alignment to the wind direction. They are often comparable in appearance to a lens or saucer. Wikipedia This is of St. Patrick's, south of us.

photo submitted by Dan Matney

DESERT WHISPERS • 25

CLASSIFIEDS

FOR SALE

DR-22 Wood Splitter - used once to cut 4 cords. Includes 1 set of road tires. \$1,000 OBO 541-410-5936. 9

1998 DODGE CARAVAN in good condition. DOES NOT RUN. Motor is dead. All seats are there and in good condition. good tires. Call Jon Harwood 509-851-5109₈

WHEELS for sale. 16" x 8 hole HD wheels off a Horse Trailer. Good Cond./white. \$100 for 4 of them 541-706-1860

BASE ROCK for sale. Call 541-223-2934.,

CARDINAL RULE (Kerry Ernst Project) CDs & Tapes. Available last half of Saturdays at the Weekend Market.₄

SMALL SOFA & RECLINER matching set, dark tan, excellent condition. \$200 for the two. Also, matching set of a coffee table, and TV stand, cream legs with red/mahogany semi-gloss top. All wood, excellent condition. \$125 for the set. 541-576-4259.

HYSTER FORKLIFT for sale. 8000 lb. capacity pneumatic tires with Perkins diesel engine. \$7500 Call 541-815-4004.₃

CHRISTMAS CD. Sawmill Christmas. \$8.00 Call 541-480-1261₂₅

FREE ADVERTISING. Local classified ads in this publication are always FREE. Selling your water buffalo? Looking to buy a second-hand tug boat? Use the form on the next page to submit your ad, or send it by email to: *desertwhispers@yahoo.com*₂₅

REAL ESTATE

2.3 ACRES CLEARED, gravel driveway and buildable site. Septic tank installed. 2 miles west of town on Arrowhead. Waterline at back of lot. Power 2 poles away. \$15,000. PO Box 68984,Oak Grove, Oregon 97268.

EMPLOYMENT

Jobs Available- Male & Female Desert Springs Trout Farm in Summer Lk. Call 541-943-3192. Taking apps for 1 month.₄

LOOKING FOR WORK

HOUSEKEEPERS AVAIL. Honest, reliable. To find out more about our services, call 541-213-3309

MISCELLANEOUS

PARTING OUT: '93 Subaru Wagon. Call Torii 88-313-1101.₈

Sabbath Feast keeping followers of Yahshua Messiah Fellowship group forming in CV area on Sabbath afternoons. This is a non-denominational group. For info, call 541-430-2048

WANTED

LOOKING TO BUY A SHIPPING

CONTAINER, very good condition 20'-40'. Also need delivery to property off Christmas Tree Lane. I Will pay for both together or as separate services. Please call Skip at 503-431-1421.₃

FLEECE: For making hats for cancer patients. Please drop off at the library. Thank you!₂₅

WANTED: YARN for free projects for the community. Can be left-overs. Thanks. Donna 541-576-2022.₂₅

LOST and FOUND

STOLEN: BEAR TOTEM - four black bears chain sawed into a tree trunk. If you have information please contact Torii at 808-313-1101. **\$1,000 REWARD.**₈

"YARD" SALES

ADVERTISE YOUR LOCAL SALE. Free ads limited to 35 words. Use the FREE Ad Form on page 21 or e-mail: *desertwhispers@yahoo.com*₂₅

FOR RENT

3 BEDROOM/2 FULL BATH \$525/mo. Avail. Feb. 1. call 541-576-2485。

3 BEDROOM/2 FULL BATH DBL. WIDE on 2-1/2 acres. \$625/mo. avail abt. Feb. 1 call 541-576-2485.₉

NEW 4 BEDROOM 2 BATH home for rent. \$1100 per month, 1st and last months rent plus \$550 cleaning deposit. No inside pets allowed. Possible part time employment. Call 541-408-6347.₃

FORT ROCK GRANGE Community hall is available for rent. There is a main hall with stage, rest rooms, and fully equipped kitchen. 541-576-2335₂₅

CHRISTMAS VALLEY COMMUNITY HALL for rent. *office@northlakeparkandrec.org* or 541-576-2216₂₅

SERVICES

North Lake Towing & Service AAA Service provided Doug Polhans-Owner Operator 541-771-6645

THAT DRAGONFLY STUFF: All natural healing products available LOCALLY. Call 503-882-5609

THE TINSEL TAILOR: Sewing/alterations shop in CV. Zipper replacement, knit or crochet repairs, general clothing repairs, reasonable rates. Hem jeans \$6 & up; slacks \$9 & up. 541-576-2022₂₅

COPIES: COLOR OR B/W AND FAXING TOO at the Park & Rec office. Tuesday-Thursday, 10am-2pm. 541-576-2216.₂₅

FREE ADVERTISING. Local classified ads in this publication are always FREE. Use the form below to submit your ad, or send it by email to: *desertwhispers@yahoo.com*₂₅

COLOR

Advertise in DESERT WHISPERS

Twice monthly issues are distributed, on the 1st and 15th, throughout the north end of Lake County, including Fort Rock, Christmas Valley, Silver Lake, Summer Lake and Paisley. Additionally, there are a growing number of subscribers, and many readers that see *DESERT WHISPERS* online.

The chart to the right outlines the cost for display advertising in *DESERT WHISPERS*. Organizations with 501(c)(3) status receive a discount. Printready artwork is appreciated. <u>We can design your ad for an additional fee.</u> Prices shown in the chart are per issue.

Deadlines are seven days prior to the publication date. *IF* space allows, ads may be accepted after the deadline for an additional \$15 fee. Email us at: *desertwhispers@yahoo.com* or call 541-576-2216 with questions.

BLACK & WHITE

1 column x 2"\$7 1 column x 3"\$10 1 column x 4"\$13 1 column x 5"\$16 1 column x 6"\$19	00 1 column x 3"\$15.00 00 1 column x 4"\$19.50 00 1 column x 5"\$24.00 00 1 column x 6"\$28.50
1 column x 10"\$31. 2 column x 2"\$14. 2 column x 3"\$20. 2 column x 4"\$26. 2 column x 5"\$29. 2 column x 6"\$32. 2 column x 10"\$44.	00 2 column x 2"\$21.00 00 2 column x 3"\$30.00 00 2 column x 4"\$39.00 00 2 column x 5"\$43.50 00 2 column x 6"\$48.00
3 column x 2"\$21. 3 column x 3"\$30. 3 column x 5" (half page)\$40. 3 column x 10" (full page)\$80. (1 column = 2.5" width. 2 column	00 3 column x 3"\$45.00 3 column x 5" (half page)\$60.00

SUBSCRIBE!

To receive 24 issues send \$27 to cover postage & handling to:

DESERT WHISPERS P.O. Box 181 Christmas Valley, OR 97641

Call 541-576-2216 or 541-576-2640 for more information.

PUBLISHERS NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitations or discrimination based on race, color, religion, sex, handicap, familial status, marital status or national origin, or an intention to make such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination, call HUD toll free at 1-800-877-0246. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

FREE CLASSIFIED AD POLICY

Please submit your ad in writing, either by e-mail or in person. **DO NOT** "call-in" your ad. You may run up to FIVE Free Classified Ads per issue but are limited to 35 words per ad. If you need more space, please purchase a DISPLAY ad.

All Free Classified Ads (FOR SALE, WANTED, SER-VICES, EMPLOYMENT, REAL ESTATE, RENTALS, ETC.) will run until your item sells or for SIX issues, whichever comes first. When your item sells please let us know so we can remove your ad. To have your ad continue beyond SIX issues you **MUST** re-submit your ad in writing, either by e-mail or in person.

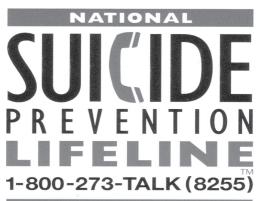
To remove your ad please contact the North Lake Park and Recreation office by calling **541-576-2216** or by e-mail: office@northlakeparkandrec.org

These local classified ads are a Free service to the community. Adhering to the stated policy will help ensure this service can continue.

_	Luana	Damerval,	Editor
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FREE Local Classified Ad Form (up to 35 words)

		(This information is for our records and will not	
YOUR PHONE:		6	appear in the ad.	
	PLEASE PRINT CL	EARLY		
		_		
		_		



suicidepreventionlifeline.org

SUICIDE WARNING SIGNS

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious, agitated or behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable. Call the Lifeline at: 1-800-273-TALK (8255).

Mommy & Me Group

Do you have a little one, age birth to three years old, who doesn't meet the requirements for Preschool on Tuesdays? You and your child are invited to join Mrs. Anthony on the first and third Thursdays of each month from 10:00 a.m. - 11:30 a.m. at the North Lake School annex building for a **Mommy and Me Play Group**. "We will be exploring our world around us through music, movement, and sensory play," says Mrs. Anthony. "We will also be doing **Make and Take** activities once a month that you can do with your kiddos at home."

If you have questions, please call Mrs. Anthony at 503-351-7855.₂

North Lake County Church Directory

Christmas Valley Community Church

Christmas Valley Seventh-day Adventist

Fort Rock Community Church

Downtown Fort Rock 541-576-2888 Pastor: Jeremy Warkentin Sunday School 9:45am Sunday Morning Worship 11:00am 3rd Sunday Potluck Saturday Men's Breakfast at 7:00am

Free Church Of God

PO Box 744, Christmas Vly..... www.freechurchofgod.org True theology lies with the Apostles that Jesus, himself, trained and ordained.

Lutheran Bible Study and Worship

call for location/directions **541-576-2593** Pastor Peter Pagel of Faith Lutheran Church in La Pine leads a local meeting Tuesdays at 6:00pm

New Life Fellowship of Christmas Valley 87218 Glitter Lane

Pastor: Doug Polhans**541-591-4067** Visit us on FACEBOOK Sunday School 9:30am Sunday Worship 10:45am & 6:00pm Wednesday Worship 6:30pm

Praise The Lord Fellowship

35 NE Arrowhead Rd, CV...... **541-576-3079** Pastor: Rev. Suzan Burch/Fowler Assistant Pastor: Marvin Fowler Worship Gathering Sunday 11:00am followed by Potalatch (Blessing Meal) Song & Praise Sunday 4:00pm • Bible Study Wednesday 4:00pm • Prayer Saturday 4:00pm

Silver Lake Church of the Bible

Hwy 31, Silver Lake..... **541-576-2367** Pastor Leon Baker Sunday School 10:00am Morning Service 11:00am Second Sunday Potluck

Well in the Wilderness Church

Sunrise Circle, Christmas VIy **541-977-5296** Pastor Kerry Cardwell: 541-977-5296 Pastor Bon Puckett: 541-576-4765 Sunday School (for all ages) 9:45am Morning Worship 11:00am Wednesday night 6:00pm

Holy Family Catholic Church

57255 Fort Rock Rd 541-576-2415 Sundays at 3:30pm Contact - Mike & Laura House: 541-576-2415

The Konaway Nation

Council Meetings every 2nd. Saturday of each month at Noon at the Chief's home.

Potalatch to follow. Call 541-576-3079 for info.

Rev. Suzan Burch will be teaching Coastal Jargon. This is one of 14 Native American trade languages. if interested, call 541-576-3079 Sobriety in the Desert

FRIDAYS @ 5:00 PM ON THE BACK SIDE OF NORTH LAKE CLINIC 87520 BAY ROAD CHRISTMAS VALLEY, OR 97641

Celebrate Recovery Mondays @ 6:30 p.m.

CV Community Church Sherry 541-576-4509 or Tim 541-977-4944

BEING EQUIPPED FOR TOMORROW STARTS TODAY.

AGRICULTURE

0% FINANCING^{*} *PLUS* **CASH BACK OPTIONS!**

There is a new world out there. A world that demands more from the land and those who grow, farm and build on it. This new world calls for New Holland. For the ingenuity, innovation and independent spirit to get more out of it, while preserving as much as we can. After all, to stay ahead of tomorrow, we need to be equipped for it today. New Holland. Equipped for a New WorldTM.

VISIT US TODAY TO SEE HOW MUCH YOU CAN SAVE!



307 North P St Lakeview, OR 97630 (541) 947-2188 Sales: Chris Ketcham (541) 219-0695 87000 Christmas Valley Hwy Christmas Valley, OR 97641 (541) 576-3026 Sales: Bret Puckett (541) 576-4959

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