



FORT ROCK GRANGE

Annual Beef Dinner and Pie Auction Saturday, April 14, 2018 6:00pm-7:00pm





MENU

BBQ tri-tip, baked potato, green beans, dinner roll, coleslaw, dessert and drink



PIE AUCTION during dinner



BRING THE WHOLE FAMILY FOR AN EVENING OF FUN ADULTS, \$12. /KIDS 6-12 \$6. / 5 &UNDER FREE

Proceeds from this event help fund Fort Rock Grange operations, and community programs.

April 1, 2018

Next Desert Whispers DEADLINE THURSDAY APRIL 12 at 2:00 p.m.

DESERT WHISPERS

The intent of DESERT WHISPERS is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the North Lake Park & Recreation District Board members, staff, personnel or advertisers. The North Lake Park & Recreation District is not responsible for errors in articles and/or ads submitted to be published without change. The North Lake Park & Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

DESERT WHISPERS welcomes letters to the Editor. Letters should be printed or written clearly. Each letter <u>must be signed</u>. DESERT WHISPERS reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. DESERT WHISPERS reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

- The Editor

Spring Bazaar Coming

May 4 & 5th

Reservations 541-480-1261



Renting the Christmas Valley Community Hall

Park and Rec

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52° (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call for availability: 541-576-2216.

DESERT WHISPERS is a twice-monthly publication of NORTH LAKE PARK & RECREATION

57334 Christmas Tree Rd. / P.O. Box 181 Christmas Valley, Oregon 97641

> 541-576-2216[рноле] 541-576-2272[fax]

office@northlakeparkandrec.org

f North Lake Park and Recreation

| Dark | 8. | Roc | Board | Members |
|------|-----|-----|-------|---------|
| Fain | CX. | NEC | Duaru | |

| Ron Wilson | 503-250-3134 |
|------------------|--------------|
| Glenna Wade | 541-576-2216 |
| Barbara Ferrando | 541-576-2140 |
| Jack Mason | 707-845-3372 |

North Lake Park & Rec Office Open: Tuesday - Thursday • 10 am - 2 pm

IMPORTANT NUMBERS

INFORMATION NUMBERS

| Air Link (Emergency Dispatch) |
|------------------------------------|
| |
| Air Link (Business Office) |
| |
| A.A. (Central Oregon) |
| |
| C.V. Fire Dept 541-576-2212 |
| or541-480-3979 |
| Emergencies911 |
| C.V. Post Office 541-576-2657 |
| C.V. Water Supply 541-576-2090 |
| Lake Co. Sheriff CV. 541-576-2781 |
| Lake Co. Sheriff-Lakeview |
| |
| State Police (Lakeview) |
| |
| Midstate Electric 800-752-5935 |
| NLC, EMS Business #541-576-2759 |
| NL Health District 541-576-2165 |
| NL Public Health 541-576-2115 |
| New Beginnings (24hrs) |
| |
| or 1-800-850-4838 |
| St. Charles Hospital. 541-382-4321 |
| Women's Crisis Center. |
| |
| |

LANDFILL SCHEDULE

Christmas Valley (on Rainbow Road): Thursday - Saturday, 8:30 am - 4:30 pm Fort Rock (1.5 miles west of town): Sunday 9:00 am - 12:00 pm Paisley: Saturday 8:30 pm - 4:30 pm, Wednesday 12:00 pm - 4:30 pm Silver Lake: Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter, Thanksgiving & Christmas. Bring washers, dryers, stoves, etc., to the Christmas Valley Landfill ONLY for the North end. 541-417-1255 Soup

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Tuesdavs

11:30 am - 1:00 pm

CV Community Hall

at the



Volume: 39 Issue: 07

Freedom of the Press

North Lake Park and Rec Freedom of the press gives North Lake Park and Recreation exclusive control over what we choose to publish in Desert Whispers, including <u>the</u> <u>right to refuse to print anything for</u> <u>any reason.</u>

LOCAL RESOURCES

at the C.V. Community Hall

Kitchen

For more information call: 541-576-2140 or 650-455-0052.

FREE

NORTH

Food, clothing, shoes, household items and more! Exchange items & donate. Wednesday-Friday, 10 am-3 pm **Praise The Lord Fellowship** 576-3079 • 35 NE Arrowhead CV Hwy to Snowflake, turn left on Arrowhead (come to NE corner)



All proceeds are used for needs in the community Lp |

On Aspen Lane next to Food Share 12 - 4 PM Wednesdays and Saturdays! Sponsored by Christmas Valley

Community Church

\$1.00 Bag Sale! Sat. May 30th



APRIL 2018

Wed.. 4th Bend Tues. 10th Summer Lake Lunch Thurs. 12th Bend Wed. 18th. La Pine Thurs. 19th Bend Thurs. 19th CV Lunch no bus Tues. 24th. Summer Lake Lunch Thurs. 26th Bend

*New Guideline for Hours: APPOINTMENTS PLEASE!

Please Note: Schedule subject to change. Veterans appointments welcome. Please schedule appointments between 10am and 1:30pm. Reservations are Required for All lunches and trips. There is a minimum donation requirement for all trips excluding Veterans medical appointments. For questions and reservations please call Debbie @ **541-480-3600**. Thank you for your patience while changes are being made. 4 • DESERT WHISPERS

April 1, 2018



Live Radio Programs On KPAI Radio Current Programming Schedule is at: www.paisleyschooldistrict.com when you get in there you click on KPAI radio 103.1 FM on the left side. When you get there choose click here to listen. The school has classes in radio so they are

on the air at times through the day.



SEWING & CRAFTS GROUP at the "Hank's House" 9:30 am - 3:00 pm \$4.00 each Bring a sack lunch and join us for a fun day. We are sorry we can not allow children due to liability. Karen: 541-576-2364 Sandie: 541-815-5683

Friends of the Library: The Hugger Hat Project

The winter months are here, the clocks have changed, and people are coming inside earlier. The Friends of the Library need more volunteers for the Hugger Hat Project. All of the yarn is donated and we provide the loom if you need one. Do you know how to knit? That is great! If you don't know how to knit, that is great too!

Please contact Carol Chapman at 541-408-2642 for more information.

Help Fill a Local Need: Volunteer Your Time

Submitted

Find something in your community that suits you. This community primarily functions through volunteers. We have many new community members and this community can benefit from a little bit of your time. The many new community members tax the already over stretched, long standing volunteers that oil the

works of the under supported needs of the north end communities.

If you have questions of how you can help feel free to contact me, Glenna Wade, via Facebook [glennasonly] and I can help you find an activity that suits you.₂₅

A SPECIAL THANKS

Linda would like to thank the Christmas Valley EMT's and Air Link for the fast response and kindness. Thanks to you I am doing just fine.

PUBLIC NOTICES

Lake County ESD Home School Testing will be held at the Community Hall 9am - 12 noon

CHRISTMAS VALLEY LIBRARY • 541-576-2336 Tuesday & Thursday: 10 am - 1 pm & 1:30 pm - 6 pm • Saturday: 10 am - 3 pm SUPER BIG BOOK SALE!



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April 1, 2018

Vickie Gibbs

57760 Old Lake Road

Christmas Valley, OR 97641 ph: 541-576-2096

DESERT WHISPERS • 5

87142 Christmas Valley Hwy.

at the JackRabbit Jct.

M-F: 9am - 5pm • Sat: 10am - 3pm

FEATURING

Live Music on Sat. by KERRY ERNST

local artists

All Local Vendors

SPACES AVAILABLE

CONCREME FUNISHER

PHONE: (541) 977-4817

EMAIL: JESSE1215@GMAIL.COM

Fri. & Sat.

Manket

and

LAMZ

CAFE

OPEN

Fri 10am - 5pm

Sat 10am - 4pm

BY

For info:

call Lillie 541-706-1279



February 28, 2018

Lakeview BLM offering sage grouse lek tours

LAKEVIEW, Ore. — The Bureau of Land Management is offering a series of guided tours of sage brush steppe areas during the upcoming sage-grouse breeding season. Participants will have the opportunity to learn how the Greater Sage-grouse serves as a barometer for rangeland health while also witnessing their fascinating springtime courtship rituals.

The Bureau of Land Management is committed to keeping public landscapes healthy and productive, in part by managing the sage brush steppe for a variety of uses, including ranching, hunting, mining and energy development.

The sage-grouse breeding season, also known as lekking, takes place for only four to six weeks in early spring at gathering sites called leks. Sage-grouse come to approximately 100 lek sites across Lake County to perform their courtship dance before breeding.

Guided tours will be offered to the public on March 10 and April 7, 2018. Viewing is limited to 20 people per tour in order to minimize the potential for disturbance to the sage-grouse. Reservations are on a first-come, first-serve basis. To reserve a spot, contact Larisa Bogardus at 541)-947-6237 or lbogardus@blm.gov by noon on Friday, March 9, for the March 10 tour or by noon on Friday, April 6 for the April 7 outing.

Viewers will depart at 6 a.m. from the BLM Lakeview District Office, 1301 South G Street, in Lakeview, Oregon. Carpooling is encouraged. Transportation may be provided depending on the number of participants, who should dress appropriately for field conditions. Sturdy, broken-in boots/shoes are encouraged, as participants will encounter rocky, rugged terrain, with sagebrush and rocks. Additionally, tours will require a hike of up to a half mile. There are no amenities and no restrooms. Participants should also plan to bring plenty of water, a hat, sunglasses, and sunscreen.

□BLM-

The BLM manages more than 245 million acres of public land located primarily in 12 Western states, including Alaska. The BLM also administers 700 million acres of sub-surface mineral estate throughout the nation. The agency's mission is to sustain the health, diversity, and productivity of America's public lands for the use and enjoyment of present and future generations. Diverse activities authorized on these lands generated \$75 billion in sales of goods and services throughout the American economy in fiscal year 2016—more than any other agency in the Department of the Interior. These activities supported more than 372,000 jobs.

A public meeting of the Budget Committee of the

Christmas Valley Domestic Water Supply District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2018 to June 30, 2019, will be held at Christmas Valley Community Hall – 87345 Holly Lane. The Meeting will take place on April 11, 2018 at 1:00 p.m. The purpose of the meeting is to receive the budget message. A copy of the budget document may

NOTICE OF BUDGET COMMITTEE MEETING

be inspected or obtained on or after April 11, 2018 at The District Office – 87379 Holly Lane, between the hours of 9:00 a.m. and 3:00 p.m.

This is a public meeting where deliberation of the Budget Committee will take place. Any Person may appear at the meeting and discuss the proposed programs with the Budget Committee. NOTICE

The Christmas Valley Domestic Water Supply District has a vacant Board Member position. Any person interested in serving on the Board, please submit a letter of interest by April 11, 2018.

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April I, 2018

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April I, 2018

WOOD BRICKS

WOOD PELLETS

J.W. KERNS HARDWARE & FEED

87226 CHRISTMAS VALLEY HWY – 541-576-2814

OPEN: MONDAY-FRIDAY8-6 & SATURDAY 9-5

YOU CAN FIND IT AT KERNS

| S | к | C | I | R | B | D | 0 | 0 | w | P | L | N | H | G | A | R | D | 0 | L | Z | I | ALFALFA |
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| | L | | | | l | | | | | I | | | | | | | | | | I | · | TOOLS |
| | 9 | 411 | 1 | 110 | 691 | - | . 1 | | | | 20 | 2 | 121 | 2 11 | 170 | 111 | 7 9 | | 1 | | | VETERINARY SUPPLIES |

THE FIRST 10 PEOPLE TO BRING IN THE COMPLETED PUZZLE WILL GET A PRIZE!

<section-header>

APRIL 6TH LAYER PULLET CHICKS





TURKEY CHICKS

MORE COMING MAY 11TH

Prices are valid during April, 2018. All sales limited to stock on hand.



La Pine Community HEALTH CENTER

La Pine Community Health Center is here to serve you & your family at

87520 Bay Road in Christmas Valley. Monday – Friday 8:00 am to 5:00 pm (closed 12:00 pm to 1:00 pm)

For appointments call

541-576-2343

As a Federally Qualified Health Center we provide the following services:

Primary Medical Care:

- unexpected illnesses
- disease management
- annual exams
- well child visits
- minor surgery/biopsies
- immunizations
- developmental screenings

Additional Services:

Referrals to specialists, outreach services for situations other than medical, transportation guidance & assistance, dental voucher program, assistance with medication programs, assistance applying for Medicaid/OHP.

Lab appointments available: 8:00 am to 11:30 am

Bring the order from your doctor/ provider to your lab appointment. Your insurance will be billed. St. Charles Lab will send the results to your provider.

WE ARE GOING THE DISTANCE FOR YOUR HEALTH CARE! April I, 2018

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April 1, 2018

EPUBLIC NOTICES

NOTICE IS HEREBY given that the Lake County Planning Commission will hold a public hearing Tuesday, April 17, 2018, at 6:00pm, in the Board of Commissioners Meeting Room, 513 Center Street, Lakeview Oregon, to receive public comment and testimony on the following applications. Failure to raise an issue at the hearing or to provide sufficient specificity precludes your ability to appeal the decision. If you have needs requiring special arrangements, please call 541-947-6036 at least 24 hours prior to the meeting.

PARTITION APPLICATION NO. 18-018-PAR

Public Hearing concerning an application by William L Albertson to Partition a 39.10 acre parcel into two taxlots: Parcel I to be ± 37.85 acres and Parcel II to be ± 1.25 acres, described as T40S R19E S08 TL1000 near Westside, Oregon at 92022 Dog Lake Lane, in an A-1 Exclusive Farm Zone. A decision will be based on Articles 2 of the amended Lake County Zoning Ordinance of 1980 and Article 6 of the Lake County Land Development Ordinance.

SOLAR

CONDITIONAL USE PERMIT APPLICATION NO. 18-019-CUP

Public Hearing concerning an application by Garrett Solar, LLC to establish a Commercial Utility Facility (PV Solar) on up to 150.00 acres of a portion of a 557.27 acre tract described as: T39S R19E S36 portions of TL 100, 200, and 1100 and all of 700 and 800; southwest of Airport Road, Lakeview, Oregon; the property in an A-1 Exclusive Farm Use Zone. A decision will be based on Articles 2, 13 and 24 of the amended Lake County Zoning Ordinance of 1980.

SOLAR

CONDITIONAL USE PERMIT APPLICATION NO. 18-020-CUP

Public Hearing concerning an application by Fort Rock South Solar Farm to establish a Commercial Utility Facility (PV Solar) on up to 320.00 acres of a portion of a 798.18 acre tract described as: T26S R14E TL900 & 1000; southeast of Fort Rock at 60830 Kruse Road, Fort Rock, Oregon; the property in an A-2 Agriculture Use Zone. A decision will be based on Articles 3 and 24 of the amended Lake County Zoning Ordinance of 1980.

Published by the Lake County Planning Department, April 4, 2018

Copies are available at the Park and Rec office:

LOOK WHAT"S COOKING

Celebrate April Nourishment Adapt, Create, Inspire by Crystal Coulter

April is full of food fun, here are a few celebrations you can easily add to your calendar. Find additional food fun celebrations online.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------------------------|---------|-----------------------------------|----------|---|--------------------------------------|
| 1. National Sourdough Bread Day | 2. | 3. | 4. International Carrot Day | 5. | 6. | 7. National Coffee Cake Day |
| 8. | 9. | 10. | 11. Cheese Fondue Day | 12. | 13. Peach Cobbler Day | 14. Pecan Day |
| 15. | 16. Day of the Mushroom | 17. | 18. | 19. | 20. Pineapple Upside-down Cake Day | 21. |
| 22. National Jelly Bean Day | 23. | 24. | 25. Zucchini Bread Day | 26. | 27. National Prime Rib Day | 28. |
| 29. | 30. Oatmeal Cookie Day | | | | | |

Carrot Salad

1/4 cup Golden Raisins 1/4 cup Dark Raisins 1 1/2 pounds Carrots 1/4 cup Cider Vinegar 1/2 cup Light Olive Oil 1/4 tsp Cinnamon Salt and Pepper to taste

In a medium bowl soak raisins in vinegar for 15-20 minutes. Meanwhile, grate carrots into a large bowl and set aside. Drain raisins and reserve vinegar. Set raisins aside. Whisk in a small bowl, reserved vinegar, salt and pepper, and add oil slowly. In the large bowl with carrots, add raisins and vinegar sauce, toss well, and serve.

Makes: LOTS

Peanut Butter Oat Cookie

12 ⅓ oz Tofu ⅓ cup Peanut Butter ⅔ cup Brown Sugar 1 tsp. Vanilla Extract 1 cup High Fiber Oat Bran 1 tsp. Baking Powder ⅓ tsp. Salt 1 ½ cup Oats Optional: 1 cup Sweetened Carob Chips

Mix as listed above, using a large spoon drop dough onto cookie sheet, spacing 1" apart. Preheat oven and bake at 350 degrees for 20-25 minutes.

Makes approx. 24 cookies

Howdy... My name is James Williams. I'm from Summer Lake, Oregon, and I am running for Lake County Commissioner, Position #2. I am 30 years old. I work as a Lumber Grader at Collins Pine Sawmill in Lakeview. My wife Linda Rebekka and I currently live between the family farm in Summer Lake on weekends and our small rental outside of Lakeview during the week. I have been blessed to live in Lake County most of my life. Summer Lake will always be my home, but I have grown to love every corner of this land. I think we take its raw beauty for granted at times, but are occasionally reminded of how special and amazing it is by something as simple as a vibrant sunset, or a morning chat with a friendly neighbor on the way to work. I decided to run for County Commissioner because I believe I can be of service. I feel I have a lot to offer my community. I bring a different perspective to the table, being from the central part of the County, and seeing the issues from both sides. I feel that I have a connection with folks from the north and south, east and west, and I come with a willingness to listen.

I will always be there to listen to my neighbors across Lake County. To stay informed and to keep "you" informed as to what is happening in and beyond our state.

A lot of folks have come to me feeling frustrated about representation. I understand how much decisions made in Salem and Washington can impact our lives here in our county, and how you may not always feel like you have a voice in the political forum. I want to be your voice and bring your concerns to light, and to help others understand not only your point of view, but also our way of life and culture in this part of Oregon. If you haven't lived in the High Desert, you simply won't know what it's like.

Whatever the issues are, be it our Constitutional rights, School safety, solar, drugs, property rights, starting a business, etc. I will not only point you in the right direction, I will work on it with you. I may not have all the answers, but starting a dialogue where we can talk about these issues in a civil manner, and find solutions is so very important. I will come to your house, I'll have more meetings, even on weekends if that is what is needed. Communication is a big deal, and in a county as big as ours, it is essential to making things work.

If you would like to get in touch with me, you can email me at <u>jameswilliams.lake@gmail.</u> <u>com</u>, or you can find me on Facebook at <u>www.facebook.com/yourcountycommissioner/</u> T h a n k y o u .



Free Meditation Class offered by Lake County Public Library in Christmas Valley

IAM-20 Meditation is a non-religious technique that has been scientifically proven to reduces stress, promote physical and mental health, improve clarity of thinking and establish inner peace. It is easily learned and practiced by all students, mothers, fathers, business people – and the list goes on. When regularly practiced 20 minutes daily, one can expect reduced physical and mental stress, increased energy and clarity of mind, improved concentration, calmness under pressure and greater effectiveness and happiness in the midst of all the challenges of daily life. One can also expect improved relations with others and a reduction of frustration, anger and other negative emotions.

IAM-20 is a multifaceted technique that includes specific gentle physical exercises, breathing techniques and unique mental procedures. The IAM-20 meditation is brought to the world by Mata Amritanandamayi, also known as Amma. Amma is a Master of Meditation and a world-renowned humanitarian. At the Christmas Valley Public Library, the IAM-20 Meditation class will be taught by an authorized teacher, Mr. Bill Witherspoon.

The IAM-20 class is made available to the community without charge and is open to everyone. Learning includes two sessions: Monday, April 9, from 9:30 AM to 1:00 PM; Introduction followed by instruction for those who wish to learn at this time.

Monday, April 16, from 10 am – Noon; Instruction Followup. Don't miss this opportunity to experience a powerful meditation technique.

OBITUARIES

In Loving Memory Michael W. Allen March 18, 1952 - January 4, 2018 Michael was an auto mechanic, owning his own businesses for almost 40 years. Loved to act, his specialty was being a "nerd" hired on for parties and such. Michael loved the outdoors, cooking, dancing, and helping others in need..

Michael passed away leaving behind his stepmom Judy, daughter Viola, and two grandchildren. He also left behind his cat MissKitty and his honey girl me, Lorraine.



YOUR *Neighborhood* MARKET CHRISTMAS VALLEY MARKET 87497 Christmas Valley Hwy - Christmas Valley OR 97641 • 541-576-2200

87497 Christmas Valley Hwy. - Christmas Valley, OR 97641 • 541-576-2200 Monday - Saturday 6:30 a.m. - 9:00 p.m. and Sunday 7:00 a.m. - 9:00 p.m.



ULUE



HUNKY

Bar-S Bologna Classic or Thick Cut 16 oz.



Barilla Pasta Selected Varieties 16 oz.

Prices Effective: April 4 - May 2, 2018

Items and prices subject to stock on hand. We reserve the right to limit sales to retail quantities.



Items and prices subject to stock on hand. We reserve the right to limit sales to retail quantities.

BUDGET COMMITTEE MEMBERS NEEDED:

Most local governments in Oregon, from the smallest Cemetery district to the largest city, must prepare and adopt an annual budget. Schools, counties, cities, rural fire protection districts, and most special districts are all subject to the same budget provisions.

Each district forms a Budget Committee made of the Districts board members and an equal number of appointed electors. The appointed electors must meet the following guidelines:

• Electors are registered voters in the district

• Cannot be officers, agents or employees.

• All members have the same authority

• Appointed for staggered 3-year terms

• If the district can't fill all appointed members, the Committee can be fewer.

Budget Committee Members are needed for the following Districts:

CV Park & Recreation
District – First meeting is April 10,
9:00am at the District Office
CV Rural Fire Protection
District – First Meeting is April 16,
7:00pm. at the Fire Hall
North Lake Health District –
First meeting is April 2, 5:30pm At

the District Office.

If you are interested in serving on any of the above budget committees, please contact Patty Effingham at 541-576-2640.

• Christmas Valley Domestic Water Supply District – First meeting TBA. If you are interested in serving on this budget committees, please contact Erica Anderson at 541-576-2090.

<u>Please get involved in</u> <u>your community.</u> **NL Health District Budget Notice** A public meeting of the Budget Committee of the North Lake Health District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2018 to June 30, 2019 will be held at the District Office. The budget committee meeting will take place on April 2, 2018 at 5:30 PM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 2 at the office of Patty Effingham LTC EA.

<u>CV Park & Recreation District Budget</u> <u>Notice</u> A public meeting of the Budget Committee of the Christmas Valley Park & Recreation District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2018 to June 30, 2019 will be held at the District Office. The budget committee meeting will take

place on April 10, 2018 9:00 AM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 10 at the district office. <u>CV Rural Fire Protection District Budget</u> <u>Notice</u> A public meeting of the Budget

Committee of the **Christmas Valley Rural Fire Protection** District. Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2018 to June 30.2019 will be held at the Fire Hall. The budget committee meeting will take place on April 16, 2018 at 7:00 PM. The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 16 at the office of

Patty Effingham LTC EA.

| ine igninį | lo purchase g equipment. | | RESERVE FUND - EQUIPA RESOURCES AND REQU | | | Heviev | / Year 2015 |
|--------------|-----------------------------|----------------------|---|----------------|-----------------------------|----------------|-------------|
| н | STORICAL DA | τa | | BUDGET E | DR NEXT YEAR 2016/20 | 117 | |
| ACTU | | BUDGET | | PROPOSED BY | APPROVED BY | ADOPTED BY | |
| 2013/2014 | 2014/2015 | 2015/2016 | | BUDGET OFFICER | BUDGET COMMITTEE | GOVERNING BODY | |
| | | | RESOURCES | | | | |
| \$60,486.00 | \$62,777.00 | \$73,831.00 | Cash on Hand | \$74,097.00 | \$74,097.00 | | |
| \$2,291.08 | \$376.00 | \$1,400.00 | Interest Earned | \$1,400.00 | \$1,400.00 | | |
| \$- | \$- | \$10,823.00 | Transferred from other funds | \$10,823.00 | \$21,000.00 | | |
| \$62,777.08 | \$63,153.00 | \$86,054.00 | TOTAL RESOURCES, EXCEPT TAXES TO BE LEVIED | \$86,320.00 | \$96,497.00 | \$- | |
| State Street | | | TAXES NECESSARY TO BALANCE | | | | |
| \$- | \$- | Arrest Marker Street | TAXES COLLECTED IN YEAR LEVIED | | a filling was a starting to | \$94.00 | |
| \$62,777.08 | \$63,153.00 | \$86,054.00 | TOTAL RESOURCES | \$86,320.00 | \$96,497.00 | | |
| | 191.000 F1997 211 | | REQUIREMENTS | | | | |
| \$- | \$- | \$86,054.00 | EQUIPMENT | \$86,320.00 | \$96,497.00 | | |
| \$62,777.08 | \$63,153.00 | | BESERVED FOR FUTURE EXPENDITURE | | | | |
| \$62,777.08 | \$63,153.00 | | TOTAL REQUIREMENTS | \$86.320.00 | \$96,497,00 | \$- | |

DESERT WHISPERS • 17

Commitment to the Health and Welfare of Lake County"



Lake County Commissioner

Elect Mark Albertson Lake County Commissioner #3



I bring 34 years of business experience working in Lake county. I was born and raised in Lake county by one of the original families of the Westside area. I have a great work ethic and take pride in the positive relationships I have built with Lake County. I'm committed to working for the citizens of Lake County to help expand our existing business and help create new viable business in our county. I would like to bring in a full-time grant writer so that Lake County doesn't continue to miss out on all the money that is available to help us. I am interested in keeping the younger generation in Lake County and will work to come up with new opportunities that will benefit both the younger and older generations. I will strive to keep the technology coming in as well as invest in renewable resources. I will work with an open-door policy and want your input and ideas.

Your vote, your voice, your employee, use me!

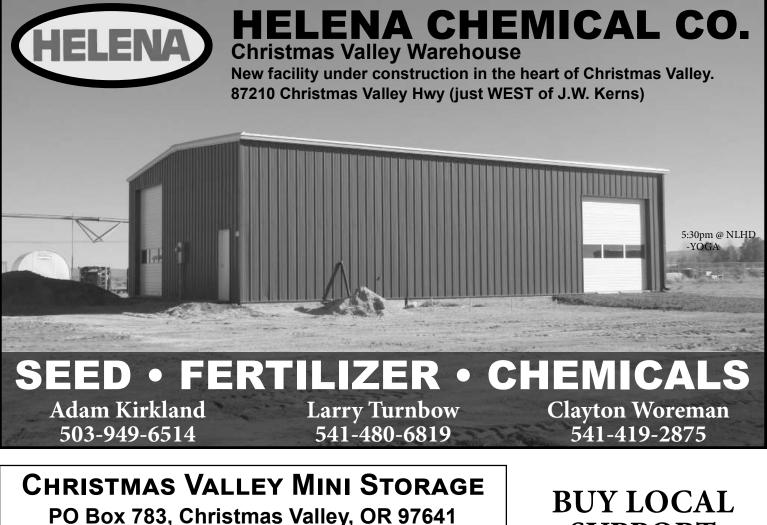


KEN

18 • DESERT WHISPERS

April 1, 2018





Box 783, Christmas Valley, 10 x 12 \$50/month 12 x 20 \$80/month 20 x 24 \$100/month (541) 576-2640



BUY LOCAL SUPPORT BUSINESS IN CHRISTMAS VALLEY



Dr. Natasha S. Rudd, N.D., L.Ac.

Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, family health care, flower essence prescribing, general internal medicine, homeopathy, primary health care, personalized nutrition, shiatsu massage, stop smoking treatments, and vitality longevity evaluations.

Dr. Rudd is accepting new patients and referrals for patients seeking natural therapies. To schedule an appointment to be seen by Dr. Rudd at the **North Lake Health District's Medical Complex**, please call **541-385-6249**. Outback Retirement Center, Inc. Board of Directors meets monthly on the 4th Mon. at 6pm at the Outback Office. April I, 2018

North Lake Comm. Calendar

April 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|------------------------|------------------------------------|--|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | 7am @ CVCHall -Walking/Pickle Ball | | 9am @ NLHD | 7am @ CVCHall | 9am @ CVCHall -Weekend Market | 9am @ CVCHall |
| | | | -YOGA | -Walking/Pickle Ball 10am @ NLSch | - Weekend Market | -Weekend Market |
| | 5pm @ NLHD -NLHD Board Mtg. | 11:30am @ CVCHall | | -Mommy & Me | | |
| | 6:30pm @ CVCC | -Soup Kitchen | | 5:30pm @ CVCHall -BINGO | | |
| | -Celebrate Recovery | | | 6pm @ LdgSumL | | |
| | | 5:30pm @ NLHD | | -LC Hay & Forage | | |
| | | -YOGA | | | 5pm @ NLHD -NA Mtg. | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | 7am @ CVCHall | 9am @ PnR Office | 9am @ NLHD | 7am @ CVCHall | 10am @ CVCHall | 10am @ CVCHall |
| | -Walking/Pickle Ball | -PnR Board Mtg | -YOGA | -Walking/Pickle Ball | -Flea Market | -Flea Market |
| | 5:30pm @ NLSch Lib -NL School Bd. Mtg. | | | 12noon @ SLFire -FtRk/SL SWCD Bd. Mts | r. | |
| | 6pm @ Boosters Bldg -Boosters Mtg. | 11:30am @ CVCHall | 1pm @ CVCHall -CV Water Bd. Mtg | | 2 | |
| | 6:30pm @ CVCC | -Soup Kitchen | 6:30pm @ FtRk Grange | | | |
| | -Celebrate Recovery 7pm @ SL Fire Hall | 5:30pm @ NLHD -YOGA | -FtRk Grange Mtg | 7pm @ EMS Bldg. | | |
| | -SL Fire Dist. Mtg. | -100/ | 7pm @ CVCHall - NA Mtg. | -EMS Board Mtg | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | 7am @ CVCHall -Walking/Pickle Ball | | 9am @ NLHD | 7am @ CVCHall -Walking/Pickle Ball | 9am @ CVCHall | 9am @ CVCHall |
| | 9am -Noon @ CVCHall | | -YOGA | - waiking/ Fickle Dan | -Weekend Market | -Weekend Market |
| | LC ESP Home School Testing | 11:30am @ CVCHall | | 10am @ NLSch -Mommy & Me | | |
| | - | -Soup Kitchen | | | | |
| | 6:30pm @ CVCC -Celebrate Recovery | | | 5:30pm @ CVCHall -BINGO | | |
| | 7pm @ CVFire | 5:30pm @ NLHD | 7pm @ CVCHall | | | |
| | -CV Fire Brd. Mtg | -YOGA | -NA Mtg. | | | |
| 22 | | 24 | 25 | 26 | 27 | 28 |
| | 7am @ CVCHall -Walking/Pickle Ball | | | 7am @ CVCHall -Walking/Pickle Ball | 10am @ CVCHall -Flea Market | 10am @ CVCHall -Flea Market |
| | | 11:30am @ CVCHall | | | | |
| | 6pm @ Outback Office | -Soup Kitchen | 9am @ NLHD -YOGA | | | |
| | -Outback Ret. Ctr. Mtg 6:30pm @ CVCC | 5:30pm @ NLHD | 9:30am @ Hank's House | | | |
| | -Celebrate Recovery | -YOGA | -Sewing Group | | | |
| | | | 7pm @ CVCHall -NA Mtg. | | | |
| | | | | | | |
| 29 | | | There are certainly other | | CVCC: Christmas Va CVCHall: Christmas Va | alley Community Church alley Community Hall |
| | 7am @ CVCHall -Walking/Pickle Ball | | events this | dates, times | CVFire: Christmas Va | alley Fire Hall |
| | - | | month in the | | | ommunity Church |
| | | | North Lake Area. How- | change and /or | FtRkGH: Fort Rock Gr | ange Hall |
| | | | ever, these are | 11 | LdgSumL: The Lodge a NLHD: North Lake H | t Summer Lake lealth Dist. Complex |
| | | | the ones we | | NLSch: North Lake S | chool |
| | 6:30pm @ CVCC -Celebrate Recovery | | are aware of at press-time. | | PnR: North Lake P SLFire: Silver Lake F | ark & Recreation Office |
| | | | Press time. | | | /ilderness Church |

April 1, 2018

Volume: 39 Issue: 07

Art Show Winners

We had 69 pieces entered, 10 adult artisans, 21 voters, and a big shout out to Cindy Reid for the 13 talented child artists who entered three pieces each!!

The results for the 2018 Winter Doldrums Art Show are: Adult photography:

1st Barbara Johnson, metal print of Fort Rock and museum 2nd Barbara Johnson, wood print of faded sign on Federicks Butte Road. 3rd Crystal Herberhotz, photo of South Sister Adult Art: 1ST Gwayne Streed, painting of bear 2nd Gwayne Streed, painting of Osprey 3rd Lucas Elliott, painting of robots

Judges Discretionary: Darren Smith Adult Craft: 1st Michael Lambert, dance

2nd Michael Lambert hot air balloon" Upcycle/recycle 1st Michael Lambert, (great use of old hinges) Adult 3-D 1st Julienne Crowl, Face mask

2nd Herbie Davis, wooden sculpture RODENT: 1st Sally Sage Rat, "Pest Control" ChIld Art: 1st Maria Russell, Drawing of a camp scene

2nd Janey Peterson, Pastel water color

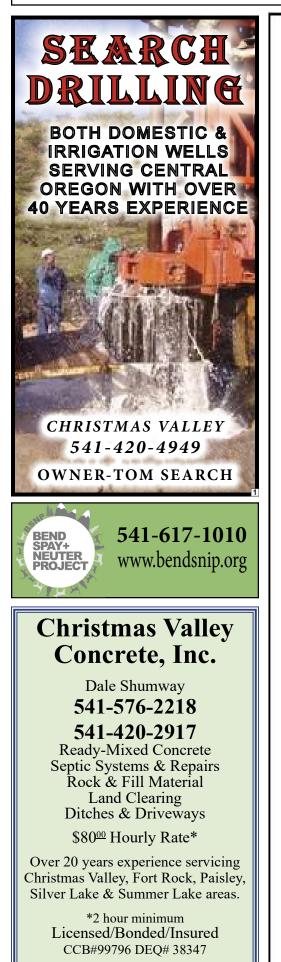
3rd Hayden Hale, Tree Judges Discretionary: Acacia Roth, Alynna Warkentin, Hunter Uran, Naomi Roth, Rachael Dunne, Reuben Peterson, Chloe Nofziger, Angel Swan, Evan Grassman, Addison Warkentin, and Taylor Uran. Participant: Maria Russell, Hayden Hale, Acacia Roth, Janey Peterson, Naomi Roth, Rachael Dunne, Reuben Peterson, Alynna Warkentin, Chloe Nofziger, Hunter Uran, Angel Swan, Evan Grassman, Addison Warkentin, and Taylor Uran.



Volume: 39 Issue: 07

April I, 2018

DESERT WHISPERS • 21





Christmas Valley Market

87497 Christmas Valley Hwy. Christmas Valley, OR 97641

541-576-2200

Silver Lake Market

65504 Hwy 31 Silver Lake, OR 97638

541-576-2401



22 • DESERT WHISPERS

Call the Local Guys FIRST!

And a whole lot more store!

- Zimmatic Sales and Service
- Huge selection of Plumbing
 & Electrical Supplies
- Sinks, faucets, water heaters, pressure tanks
- Galvanized, ABS, CPVC fittings & tools
- Landscaping pavers, railroad ties & more

Monday-Friday 8:00 am - 5:00 pm Phone: 541-576-2206 Fax: 541-576-2702 Full Service Oil Changes, Batteries, Wiper Blades and More.

MONDAY-FRIDAY 8:00 am - 5:00 pm Phone: 541-576-2032 Fax: 541-576-2702 After Hours: 541-420-3215 All Your Tire Needs:

Installation

NORTH LAKE

TIRE, Inc.:

- Rotation
- Repair
- Special Orders

A Couple Great Opportunities

Your North Lake Health District, (NLHD) has openings for community members to be directly involved with decision making. One of our board members has announced their intent to retire from the board and we'll be looking to fill that vacated position by June 1, 2018. We're also preparing to submit our 2018-2019 annual budget. Serving on the NLHD Board is a prestigious and vital component in the ongoing effort to sustain, promote and provide health related services to the communities we serve. Its also a great way for community members to be actively involved in how tax dollars are spent with respect to local health services. This is a fantastic time to become a board member as your NLHD is currently looking at a variety of ways in which to invest in the community. Your ideas and involvement are needed, valued and always welcome. Interested parties are encouraged to attend Board meetings. Meetings are held the 1st Monday of every month @ 5:00 p.m. in the NLHD Conference Room, located in the west wing, at 87520 Bay Road, Christmas Valley, OR. You can also leave a message with your name and phone number at 541-576-2165; calls will be returned within 3 to 7 business days. If a position on the board is more than you can commit to right now, here's another great opportunity. In addition to our need to fill a position on the Board, we're also looking for commu-

Board, we're also looking for community members to service in a temporary capacity on our budget committee. Budget meetings will be held in the NLHD conference room at 5:30 p.m. on April 2nd, May 7th & June 4th to prepare our 2018-2019 budget for submission. Again, this is a terrific opportunity for community members to be actively involved in local services. Interested parties can contact Patty Effingham at her office or by calling 541-576-2640.

Its YOUR community; join us in our efforts to make it the best community it can be!

BACK IN THYME

by Linda McCoslin INDIAN HERBOLOGY OF NORTH AMERICA

PART 2

Indian Healers; The art of healing was a ceremonial in nature. Physical health often failed without the aid of spiritual means; dancing, chanting, ect. were conducted according to conditions, or severity of the patient. Their health and spiritual source were so closely connected with natural surroundings, they were inspired by the significance of nature and to the Sun, Moon, Stars, Rain, Wind, ect.., that encouraged healing, today there are no temples and prayers; or songs of legend about the wise Indian medicine man, only a few words of "quack," Medicine Man" or Witch Doctor" in neglect.

Indian Healers were trained very early, selected from the family or from signs of devotion, wisdom and honesty, and because it was more then a career, they were elected by ability, trusted with all secrets, rituals, habits, and legends of their people, he was at the side of their leader. The trainee must know and remember the herbal species, their properties and uses. They knew their limitations and flower of the garden were not agents against the fate of death, but they were for sickness and health and to prolong life. All medical plants in the area were used, and were different in each location,. but knew their immediate supply.

Modern medicine and natural healing still practice their theory. Both use strong steam to create perspiration, isolation of communicable diseases, fasting for health, physiological moments, special diet as to each case and of course herb. As a healer to all people he was a above tribal restriction, he cared for the wounded or needy. the Indian healer was an artist in the best tradition of Hippocrates principles, dearly treasured by us. Indians did not care much about the names of sickness, only physical endurance, "mens sana in corpe ore sana" (he can not chance a time of failure). Nervous tension, adrenal failure, heart attack, etc., was not a part of their early life; they could overcome a running deer, swim for days at a time, dance ceremonial dances for weeks. They used herbal tonics, and herbs for food as daily nourishment from spot on locations.

In our time, news of hunters or persons stranded in remote areas conclusively have stress exhaustion, from either fear of starving, exposure, or hunger. The survival alone depends on the identification of plants, is worthwhile for those involved and reassuring for those concerned, that stay at home. Due to physical dependence they had to build energy for bravery in hunting or fighting, which is known in our time as serve strength, adrenal secretions, and hormone balance. Basically, our original people were constitutionally more fit the we are in our refined, poluted, chemical, tense way of provoking existence. Their Nature healers were thought of as inspired individuals with vivid importance to their people, who when necessary administered innocent remedies, which NEVER injured their patients. They soon recovered without the acure or chronic symptoms of modern preparations. They never claimed to know more than our physicians - but simply relied on the created organic properties of plants and the blood through it circulation that knows more about individual chemical balance then any technical equipment or means. They never analyzed a cell, bacteria, germs or micro organisms of any kind. Their psycology was as Cor. I I2; 20-26 " God hath tempered the body together that there should be

ness, only physical endurance, "mens sana in corpe ore sana" (he can not chance a time of failure). Nervous tension, adrenal failure, heart attack,

> NATURE AND WISDOM ARE ONE AND THE SAME is the explanation of medical culture of the past.

RE: Indian Herbology of North America Alma R. Hutchens

New Golf Fees for C.V. Golf Course

The N.L. Park & Rec. District Board voted to raise the C.V. Golf Fees to begin at the 2018-2019 Golf Season.

New fees are as follows:

Single Year Pass- \$225 Family Year Pass-\$300

9-holes - \$20 **18-holes** - \$25 24 • DESERT WHISPERS

April 1, 2018



DESERT WHISPERS • 25

CLASSIFIEDS

FOR SALE

Farm Fresh Eggs For Sale \$2:00 a doz. 541-977-3677

For Sale: Boats, Boat Motors, new boat parts and old parts.₁₂ 541-977-5515

John Deere 410 Backhoe, Low hours good condition with cab & good tires \$14,500 541-815-4004

8000# Toyota Forklift gas engine duel pneumatic 15" tires needs brakes \$8000 541-815-4004

5000W Onan Generator \$450.00 call 541-410-5934

WHEELS for sale. 16" x 8 hole HD wheels off a Horse Trailer. Good Cond./white. \$100 for 4 of them 541-706-1860₆

BASE ROCK for sale. Call 541-223-2934.

CARDINAL RULE (Kerry Ernst Project) Playing and singing on Sat. afternoons at the Markets held at the CV Community Hall.₁₀

FREE ADVERTISING. Local classified ads in this publication are always FREE. Selling your water buffalo? Looking to buy a second-hand tug boat? Use the form on the next page to submit your ad, or send it by email to: *desertwhispers@yahoo.com*₂₅

LOST and FOUND

STOLEN: BEAR TOTEM - four black bears chain sawed into a tree trunk. If you have information please contact Torii at 808-313-1101. **\$1,000 REWARD.**₈

EMPLOYMENT

Silver Lake Cafe & Bar is hiring line cooks, waitresses, prep people and Bartenders. Please contact Maria or Kahadje @ 541-576-2185 or come in and fill out an application.₁₁

Can you provide Mobile Home Inspec-

tions? Applicant requirements include reliable internet, digital camera, GPS/ Smartphone, knowledge of lock change and full winterization. Email your name, phone number, city & state to katelyn@ fieldservices.com.₁₁

MOVING SALE

Moving sale: Furniture, Household items, some tools, Beds, Dressers, Misc items, Space #2 Silver Lake Mobile Home and RV park 8am til ? ALL MUST GO 541-576-4840

LOOKING FOR WORK

HOUSEKEEPERS AVAIL.

Honest, reliable. To find out more about our services, call 541-213-3309₁₂

MISCELLANEOUS

PARTING OUT: '93 Subaru Wagon. Call Torii 88-313-1101.₈

Sabbath Feast keeping followers of Yahshua Messiah Fellowship group forming in CV area on Sabbath afternoons. This is a non-denominational group. For info, call 541-430-2048₂₅

WANTED

FLEECE: For making hats for cancer patients. Please drop off at the library. Thank you!₂₅

WANTED: YARN for free projects for the community. Can be left-overs. Thanks. Donna 541-576-2022.₂₅

Non Smoking married couple with good references looking for house to rent in Christmas Valley this Spring that's dog friendly. Please call Robbie at 541-653-0682 FOR RENT

Room and Private bath. Use of kitchen, laundry, internet. Utilites included (save 250+ on heat). Share with one housemate, paved road, private, 6 miles west of Chevron, View! \$400.00 541-576-9869₁₂

3br/2ba \$645 + Deposits. for more information 541-801-8012

NEW 4 BEDROOM 2 BATH home for rent. \$1100 per month, 1st and last months rent plus \$550 cleaning deposit. No inside pets allowed. Possible part time employment. Call 541-408-6347.

FORT ROCK GRANGE Community hall is available for rent. There is a main hall with stage, rest rooms, and fully equipped kitchen. 541-576-2335₂₅

SERVICES

Sage Brush Salon is still doing business Monday and Tuesday. Call a week ahead to make sure you get a spot Cuts, Color, Foils, Perms, Massaging scalp treatment great for the harsh conditions Call Robin 541-576-4229

North Lake Towing & Service AAA Service provided Doug Polhans-Owner Operator 541-771-6645

THAT DRAGONFLY STUFF: All natural healing products available LOCALLY. Call 503-882-5609

THE TINSEL TAILOR: Sewing/alterations shop in CV. Zipper replacement, knit or crochet repairs, general clothing repairs, reasonable rates. Hem jeans \$6 & up; slacks \$9 & up. 541-576-2022₂₅

COPIES: COLOR OR B/W AND FAXING TOO at the Park & Rec office. Tuesday-Thursday, 10am-2pm. 541-576-2216.₂₅

FREE ADVERTISING. Local classified ads in this publication are always FREE. Use the form below to submit your ad, or send it by email to: *desertwhispers@yahoo.com*₂₅

Advertise in DESERT WHISPERS

Twice monthly issues are distributed, on the 1st and 15th, throughout the north end of Lake County, including Fort Rock, Christmas Valley, Silver Lake, Summer Lake and Paisley. Additionally, there are a growing number of subscribers, and many readers that see DESERT WHISPERS online.

The chart to the right outlines the cost for display advertising in DESERT WHISPERS. Organizations with 501(c)(3) status receive a discount. Printready artwork is appreciated. We can design your ad for an additional fee. Prices shown in the chart are per issue.

Deadlines are seven days prior to the publication date. IF space allows, ads may be accepted after the deadline for an additional \$15 fee. Email us at: desertwhispers@yahoo.com or call 541-576-2216 with questions.

SUBSCRIBE!

To receive 24 issues send \$27 to cover postage & handling to:

DESERT WHISPERS P.O. Box 181 Christmas Valley, OR 97641

Call 541-576-2216 or 541-576-2640 for more information.

BLACK & WHITE

| 1 column x 2"\$7.00 | 1 column x 2"\$10.50 |
|-------------------------------------|--|
| 1 column x 3"\$10.00 | 1 column x 3"\$15.00 |
| 1 column x 4"\$13.00 | 1 column x 4"\$19.50 |
| 1 column x 5"\$16.00 | 1 column x 5"\$24.00 |
| 1 column x 6"\$19.00 | 1 column x 6"\$28.50 |
| 1 column x 10"\$31.00 | 1 column x 10"\$46.50 |
| 2 column x 2"\$14.00 | 2 column x 2"\$21.00 |
| 2 column x 3"\$20.00 | 2 column x 3"\$30.00 |
| 2 column x 4"\$26.00 | 2 column x 4"\$39.00 |
| 2 column x 5"\$29.00 | 2 column x 5"\$43.50 |
| 2 column x 6"\$32.00 | 2 column x 6"\$48.00 |
| 2 column x 10"\$44.00 | 2 column x 10"\$66.00 |
| 3 column x 2"\$21.00 | 3 column x 2"\$31.50 |
| 3 column x 3"\$30.00 | 3 column x 3"\$45.00 |
| 3 column x 5" (half page)\$40.00 | 3 column x 5" (half page)\$60.00 |
| 3 column x 10" (full page)\$80.00 | 3 column x 10" (full page)\$120.00 |
| (1 column = 2.5" width. 2 columns = | = 5.25" width. 3 columns = 8.0" width) |

PUBLISHERS NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitations or discrimination based on race, color, religion, sex, handicap, familial status, marital status or national origin, or an intention to make such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination, call HUD toll free at 1-800-877-0246. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

FREE CLASSIFIED AD POLICY

Please submit your ad in writing, either by e-mail or in person. DO NOT "call-in" your ad. You may run up to FIVE Free Classified Ads per issue but are limited to 35 words per ad. If you need more space, please purchase a DISPLAY ad.

All Free Classified Ads (FOR SALE, WANTED, SER-VICES, EMPLOYMENT, REAL ESTATE, RENTALS, ETC.) will run until your item sells or for SIX issues, whichever comes first. When your item sells please let us know so we can remove your ad. To have your ad continue beyond SIX issues you MUST re-submit your ad in writing, either by e-mail or in person.

To remove your ad please contact the North Lake Park and Recreation office by calling 541-576-2216 or by e-mail: office@northlakeparkandrec.org

These local classified ads are a Free service to the community. Adhering to the stated policy will help ensure this service can continue.

| - Luana Damerval | , Editor |
|------------------|----------|
|------------------|----------|

FREE Local Classified Ad Form (up to 35 words)

| YOUR NAME: | | |
|-------------|----------------------|--|
| YOUR PHONE: | appear in the ad. | |
| | PLEASE PRINT CLEARLY | |
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COLOR



suicidepreventionlifeline.org

SUICIDE WARNING SIGNS

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious, agitated or behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable. Call the Lifeline at: 1-800-273-TALK (8255).

Mommy & Me Group

Do you have a little one, age birth to three years old, who doesn't meet the requirements for Preschool on Tuesdays? You and your child are invited to join Mrs. Anthony on the first and third Thursdays of each month from 10:00 a.m. - 11:30 a.m. at the North Lake School annex building for a **Mommy and Me Play Group**. "We will be exploring our world around us through music, movement, and sensory play," says Mrs. Anthony. "We will also be doing **Make and Take** activities once a month that you can do with your kiddos at home."

If you have questions, please call Mrs. Anthony at 503-351-7855.₂

North Lake County Church Directory

Christmas Valley Community Church

Christmas Valley Seventh-day Adventist

Fort Rock Community Church

Downtown Fort Rock 541-576-2888 Pastor: Jeremy Warkentin Sunday School 9:45am Sunday Morning Worship 11:00am 3rd Sunday Potluck Saturday Men's Breakfast at 7:00am

Free Church Of God

PO Box 744, Christmas Vly..... www.freechurchofgod.org True theology lies with the Apostles that Jesus, himself, trained and ordained.

Lutheran Bible Study and Worship

call for location/directions **541-576-2593** Pastor Peter Pagel of Faith Lutheran Church in La Pine leads a local meeting Tuesdays at 6:00pm

New Life Fellowship of Christmas Valley 87218 Glitter Lane

Pastor: Doug Polhans**541-591-4067** Visit us on FACEBOOK Sunday School 9:30am Sunday Worship 10:45am & 6:00pm Wednesday Worship 6:30pm

Praise The Lord Fellowship

35 NE Arrowhead Rd, CV...... 541-576-3079 Pastor: Rev. Suzan Burch/Fowler Assistant Pastor: Marvin Fowler Worship Gathering Sunday 11:00am followed by Potalatch (Blessing Meal) Song & Praise Sunday 4:00pm • Bible Study Wednesday 4:00pm • Prayer Saturday 4:00pm

Silver Lake Church of the Bible

Hwy 31, Silver Lake..... **541-576-2367** Pastor Leon Baker Sunday School 10:00am Morning Service 11:00am Second Sunday Potluck

Well in the Wilderness Church

Sunrise Circle, Christmas VIy **541-977-5296** Pastor Kerry Cardwell: 541-977-5296 Pastor Bon Puckett: 541-576-4765 Sunday School (for all ages) 9:45am Morning Worship 11:00am Wednesday night 6:00pm

Holy Family Catholic Church

57255 Fort Rock Rd 541-576-2415 Sundays at 3:30pm Contact - Mike & Laura House: 541-576-2415

The Konaway Nation

Council Meetings every 2nd. Saturday of each month at Noon at the Chief's home.

Potalatch to follow.

Call 541-576-3079 for info.

Rev. Suzan Burch will be teaching Coastal Jargon. This is one of 14 Native American trade languages. if interested, call 541-576-3079

SOBRIETY IN THE DESERT

FRIDAYS @ 5:00 PM ON THE BACK SIDE OF NORTH LAKE CLINIC 87520 BAY ROAD CHRISTMAS VALLEY, OR 97641



CV Community Church Sherry 541-576-4509 or Tim 541-977-4944 April 1, 2018

BEING EQUIPPED FOR TOMORROW STARTS TODAY.

AGRICULTURE

0% FINANCING^{*} *PLUS* **CASH BACK OPTIONS!**

There is a new world out there. A world that demands more from the land and those who grow, farm and build on it. This new world calls for New Holland. For the ingenuity, innovation and independent spirit to get more out of it, while preserving as much as we can. After all, to stay ahead of tomorrow, we need to be equipped for it today. New Holland. Equipped for a New World[™].

VISIT US TODAY TO SEE HOW MUCH YOU CAN SAVE!



307 North P St Lakeview, OR 97630 (541) 947-2188 Sales: Chris Ketcham (541) 219-0695 87000 Christmas Valley Hwy Christmas Valley, OR 97641 (541) 576-3026 Sales: Bret Puckett (541) 576-4959

Also serving you in: Albany, OR • Hermiston, OR • La Grande, OR • Quincy, WA • Pasco, WA • Othello, WA • Walla Walla, WA **Visit us online at www.sseqinc.com**



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